Syllabus for B.A. Pass Course in the subject of Psychology under 10+2+3 scheme approved by the Board of Studies (Undergraduate) in its meeting held on 10.6.2002.

Note: Due to paucity of space and calm conditions required in the Psychology laboratory for performing experiments a group of 10 to 15 students is desirable. Thus there would be 6 periods per group per week.

**B.A. Part-I Examination**

Paper-I: (A) Basic Psychological Processes 70 Marks
Paper-II: (B) Practicals 30 Marks

**B.A. Part-II Examination**

Paper-II: (A) Social Psychology 70 Marks
Paper-II: (B) Practicals 30 Marks

**B.A. Part-III Examination**

Paper-III: (A) Abnormal Psychology 70 Marks
Paper-III: (B) Practicals 30 Marks

(i) A student is expected to perform all the experiments in B.A. Part-I, II and III.

(ii) The practical examination will be of three hours duration. The distribution of marks in each practical examination will be as follows:

**B.A. Part-I, II and III**

(a) Practical Note Book 5 Marks
(b) Viva-voce 5 Marks
(c) Experiment or Test 15 Marks
(d) Internal Assessment 5 Marks
Paper I: (A) - BASIC PSYCHOLOGICAL PROCESSES

1. Introduction
Definition and scope of psychology; Methods; Experimental observation, interview, questionnaire and case study.

2. Biological Bases of Behaviour

3. Sensory Perceptual Processes

4. Learning

5. Memories and Forgetting
Encoding, storage, retrieval processes: Sensory, Short-term and long term memories: Forgetting: Decay interference, retrieval failure.

6. Motivation and Emotion
7. **Intelligence**  
Nature, Two factor and multifactor theories, Genetic and environmental influences, Measurement of intelligence.

8. **Personality**  
Nature, Types and trait approaches, Biological and socio-cultural determinants; assessment of personality.

9. **Statistics**  
Applications of Statistics in Psychology, Frequency distribution & Graphic methods, Measurement of Central Tendency, Measures of variability, Normal Distribution: Concept of probability curve, Deviation from NPC - skewness and Kurtosis, Application of NPC.

**Note:** Two questions will be set from statistics portion out of which one will be compulsory.

**Text Books**

5. Garrett, H.F. *Statistics in Psychology & Education.*
7. Samanya Manovigyan by S.S. Mathur.

**Paper-I: (B) - PRACTICAL**

1. General Mental Ability Test
2. Alexander Pass Along Test
3. Division of Attention/Span of attention
4. Transfer of training

Contd. .. 5/
5. Study of Simple Reaction Time
6. Colour Mixing
7. Depth Perception
8. Muller Lyer Illusion
9. Serial Learning/Paired associate
10. Curve of forgetting

Text Books

Contd....6/-
Paper-I: Social Psychology

1. Introduction

2. Attitudes
   Nature and functions of attitude, Formation, change and measurement of Attitude.

3. Prejudice
   Nature and Component of Prejudice, Acquisition of Prejudice, reduction of prejudice.

4. Groups and Leadership
   Group Structure, G. dynamics, Function and Types, Leadership, Definition and Functions, Trait and Situational approaches to leadership, Conformity and Obedience.

5. Communication
   Communication models, verbal and non-verbal communication, barriers in communication, interpersonal attraction and its determinants.

6. Aggression
   Determinants of Aggression; Prevention and control of Aggression.

7. Pro-social Behavior
   Cooperation help and altruism; Bystander effect, Theoretical explanation for prosocial behavior; social cultural and Environmental influences on Personality and Social Behaviour.

8. Correlation

Note: Two questions will be set from statistics portion out of which one will be compulsory.

Text Books

Paper-II: (B) - PRACTICAL
1. Sociogram
2. Attitude measurement
3. Knowledge of Peasult
4. Sex Role Inventory
5. Person Perception Inventory
6. Interest Inventory
7. Study of Value
8. Study of Emotions from Facial Expressions
9. Massed vs Spaced/Whole vs Part Learning
Text Books

Introduction to Psychology: The concept of Normality and Abnormality.

Psychological models of psychopathology: Psychodynamic, Behavioural, Humanistic, and Existential.

Anxiety Disorders: Agoraphobia, Specific phobias, Social phobia, Obsessive-Compulsive disorders, Hysteria: Convulsive and Dissociative type.

Manic-Depressive Psychoses: Manic Episode, Depressive episode.

Schizophrenia, Types, causes and treatment.

Disorders due to psychoactive substance use: Alcohol and Drug dependence.

Stress Disorders: Stress due to normal calamities like earthquake, storm etc., and life events.

Psychosomatic Disorders: Blood pressure, Ulcers, Gastrointestinal and Gastro-Urinary, and Asthma.

Statistics: ANOVA

Purpose and assumptions of ANOVA: One way and two-way analysis of variance.

Note: Two questions will be set from the statistics portion out of which one will be compulsory.

Text Books


Paper-III : (B) - PRACTICAL

1. Case Study
2. Adjustment Inventory
3. Depression Inventory (Beck)
4. PAT
5. EPI/SEPI
6. Anxiety Inventory (STAI)
7. Zener's Effect
8. athe's Battery ('ryon test')
9. Memory for pleasant and unpleasant
10. Finger Dexterity.

Text Books

1. Freeman, F.L. Theory and practice of Psychological testing.
2. Anastasi, A. Psychological testing.
3. Asthana, R. Manovicovan and Shiksha main Mapan Aur Mulyankan.
4. Cronbach, L.J. Essential of Psychological testing.