

**HIMACHAL PRADESH UNIVERSITY**  
**'CONDUCT BRANCH' SHIMLA-5.**

Datesheet for Diploma in Yoga Studies examinations to be held in July, 2026

Evening Session:

Time: 2.00 PM to 5.00 PM

Date	Paper	Title of the Paper
20.07.2026	Paper-1 (DYS-C-101)	Concept of Yoga and its Traditional Aspects
22.07.2026	Paper-2 (DYS-C-102)	Foundations of Hatha Yoga and its Practices
24.07.2026	Paper-3 (DYS-C-103)	Human Anatomy, Physiology, Diet and Yoga Therapy

Dated: Shimla-5, the *10/7/2026*

*(Signature)*  
*10.7.26*  
Assistant Registrar (Conduct)

**Examination Centre:**

*(Signature)*  
Controller of Examinations

1. Science Block, H.P. University, Shimla.
2. Govt. College Nurpur, Distt. Kangra (H.P)