



## **RESUME**

### **DR.GAURAV BHARDWAJ**

#### Residence Address

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#### Office Address

Directorate of Physical Education  
Youth Program H.P.U Shimla-5

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### **Professional Qualification**

- **Diploma In Football Coaching from NS NIS (National Institute of Sports) Patiala**
- **PhD in physical education from HPU Shimla**
- **M.Phil. In Physical Education from A.P.S.U Rewa (M.P)**
- **Master Degree in Physical Education from H.P.U Shimla**
- **Diploma in Sports Journalism & Mass communication from LNIPE Gwalior.**
- **Bachelor in Journalism & Mass communication from HPU Shimla.**
- **All India Football Federation D Coaching License & Futsal introductory course**
- **All India Football Federation IPSO (Scouting) Certificate Level 1-2**
- **All India Football Federation C Coaching Diploma License**

### **Experience:**

- **Represented two times Himachal Pradesh in Santosh Trophy**
- **Represented School National & junior Nationals four times**
- **4 Years of Coaching and organizing Football competitions with Himachal Pradesh University**
- **I have served as an observer in HPU Shimla inter-college competitions. (2022,2023)**
- **Started women's football competition first time in university sports calendar. This was a first ever girls football competition held in Himachal Pradesh.**
- **Efforts were made to start first ever girls football competition at under-19 school level in Himachal Pradesh also.**
- **Chairman Technical Committee in AIU North Zone Women Football Competition held at Mandi (H.P) 2023**

- **12 years of teaching & Football coaching experience in a renowned convent school (O.L.S Kullu).**
- **Coaching to Senior & Junior State & National level teams.**
- **Ex. Government nominated Member Himachal Pradesh Youth Service & sports Council.**
- **Technical Advisor to Himachal Pradesh & Kullu Football Association.**
- **President Kullu District Athletics Association & Kullu Cycling Association.**
- **Worked with newspapers and national news channels on sports desks.**
- **Ex. Media Co-Ordinator Art of Living Kullu chapter.**
- **Ex Nominated member Nehru Yuva Kendra Kullu.**
- **President and founder member of Youth Association for Transforming Nation NGO(Which got recognized by state government with appreciation award)**
- **Advisor to Samphia Foundation Kullu(H.P) (working for differently abled kids)**
- **Lead as a Captain of college Football, Badminton & Cricket team in inters college tournaments**
- **College Students Central Association President. Contested elections for V.President in university also.**
- **President Old Students Association Government Degree College Kullu.**

### **Educational Qualification**

<b>Degree</b>	<b>Board/University</b>	<b>Year</b>
Diploma In Football Coaching	NS NIS Patiala	2009
<b>PhD in Physical education</b>	HPU Shimla	2009-2013-14
<b>M.Phil.In Physical Education</b>	A.P.S.U Rewa	2008
M.A In Physical Education	H.P.U Shimla	2006
Bachelor in Mass com.	H.P.U Shimla	2008
B.A With Tourism	H.P.U Shimla	2003
10+2	HPSEB,Dharam Shala	1999

### **List of Paper Publications in different Journals: -**

- Comparison of Physical fitness variables among Hockey players in relation to their playing position(Sports Research Journal by Sports Authority of India Netaji Subhash National Institute of Sports Patiala ISSN 2321-6557(peer reviewed 2017)
- Comparison of Circumference and skin folds between half back players of football and hockeySCIENTIFIC CULTURE IN PHYSICAL EDUCATION AND SPORTS ISBN: 978-93-85446-45-0 (peer reviewed 2013)
- Comparison of selected Anthropometric Measurements Between Halfback Football and Hockey Players of Himachal Pradesh UniversityScholarly Research journal for inter disciplinary studies (online journal ISSN Online 2278-8808 Print 2319 4766 (peer reviewed 2015)
- Comparison of Selected Anthropometric Measurements Between Football and Hockey Players of Himachal Pradesh University.(International Journal of Health, Physical Education and Computer Science in sports ISSN 2231-3265 (On-line and Print) Journal Impact factor is 3.565.Journal(peer reviewed 2016)

- Physical Fitness Among goal keepers of football and hockey of Himachal Pradesh International Journal of Physical Education, Sports and Health 2016 P-ISSN: 2394-1685 E-ISSN: 2394-1693 Impact Factor (ISRA): 4.69(peer reviewed 2016)
- Comparative Analysis of Anthropometric measurements between Football and Hockey Inter College Players of Himachal Pradesh University(Sports Research Journal by Sports Authority of India Netaji Subhash National Institute of Sports Patiala ISSN 2321-6557(peer reviewed 2017)
- Comparison of Selected Circumferences among H P University Hockey Players in Relation to their Playing Position  
INTERNATIONAL JOURNAL OF MULTIDISCIPLINARY EDUCATIONAL RESEARCH ISSN:2277-7881; IMPACT FACTOR :6.514(2020)(peer reviewed 2020)

### **Additional Skills**

- 6 Months Certificate course in Computer Applications.
- Conversant with MS-World, Ms Power Point and Ms Excel & Adobe Photoshop.
- Conversant with Quark X-Press (page making software).

### **Languages Known**

- Spoken and written English and Hindi. Spoken Punjabi.

### **Achievements**

- 2 players represented national level and 3 players at inter university level, trained by me.
- Represented Himachal Pradesh in **Santosh Trophy Football** tournament two times.
- Represented Himachal Pradesh in **Junior National Football Championship** Twice at New Delhi.
- Represented Himachal Pradesh in **Junior School National Tournament** held at Bihar.
- Lead as a Captain of college Football, Badminton & Cricket team in inters college tournaments.
- Third prize in state level Youth Festival (Event: MIME).
- Represented Dist. team in State level under-16 cricket tournament at Nahan.(Winner)
- National Cadet Corps (NCC) - B certificate holder.
- Served as President SCA in GPGC Kullu in session 2002-03.
- 2 months in Tribune and two months Worked Exp. in newly launched national news channel **S1** At Delhi.

### **Interests**

- Social work, cycling, photography Sports, listening to music, driving, interacting with new people.

## **Personal Details**

Father's Name	Mr.Dalip Bhardwaj	Businessman
Mothers Name	Mrs. Vidisha Bhardwaj	Retired Teacher
Date of Birth	12-03-1982	Kullu
Wife's Name	Dr Shruti More Bhardwaj	Occupational Therapist & Director of her own NGO "Sapmha"
Daughters Name	Parvati Bhardwaj	2 years 4 months old
Son Name	Ram Bhardwaj	4 Months old

## **References**

<b>Mr.Satnam Singh</b> Retd. Chief Football Coach Deputy Director Academics National Institute Of Sports Moti Bagh Patiala	<b>Prof. Surender Sharma</b> Retd, Director Physical Education & YP Himachal Pradesh University Shimla Mobile-9418024041
<b>Dr.I.P.Nagi</b> Retd, Football Coach & Assistant Director National Institute Of Sports Moti Bagh Patiala Punjab Mobile- 9888949892	<b>Prof.Yoginder Prasad Sharma</b> Retd, Chairman Physical education Himachal Pradesh University Shimla
	<b>Mr. Ranjeet Singh Mallhi</b> Retd, Chief Football Coach National Institute Of Sports Moti Bagh Patiala Punjab Mobile-9417797238

**DATE:**

**DR. GAURAV BHARDWAJ**

**PLACE:Kullu**