

List of Invited Speaker in one month's lecture Series

Himachal Pradesh University, Shimla






(22nd May, 2021 – 21st June, 2021)

S.No.	Date	Invited Speaker	Topic-Address
1.	<u>22ND</u> <u>MAY</u> <u>2021</u>	 PROF. GANESH DUTT SHARMA	ASHTANGA YOGA AND COVID-19 PANDEMIC <i>Retd. Professor, Dept. Of Yoga Studies, Himachal Pradesh University, Shimla & Patron, Hpysa</i>
2.	<u>23RD</u> <u>MAY</u> <u>2021</u>	 PROF. RITA BHALLA	IMPORTANCE OF HEALTHY DIET HABIT IN COVID-19 PANDEMIC <i>Ex-Hod, Dept. Of Yoga Studies, Himachal Pradesh University, Shimla</i>
3.	<u>24TH</u> <u>MAY</u> <u>2021</u>	 PROF. RAJEEV CHOUDHARY	YOGA AND MENTAL HEALTH <i>Prof. In Physical Education, Dsw, Head, School Of Studies In Law, Pt. Ravishankar Shukla University, Raipur, Chhattisgarh</i>
4.	<u>25TH</u> <u>MAY</u> <u>2021</u>	 PROF. B.R. SHARMA	CONCEPTUAL UNDERSTANDING OF PATANAJLI YOGA SUTRA IN CURRENT MILLENNIUM <i>Head, Dept. Of Yogic Science, Dean, Faculty Of Health & Wellness, Sri Sri University, Cuttack, Odisha.</i>
5.	<u>26TH</u> <u>MAY</u> <u>2021</u>		YOGIC SADHANA IN NATH TRADITION <i>Dean, Dept. Of Indian Philosophy, Kavikulaguru Kalidas Sanskrit University, Nagpur, Maharashtra.</i>

		PROF. MADHUSUDAN PEENA	
6.	<u>27TH</u> <u>MAY</u> <u>2021</u>	 <p>Prof. K.H.H.V.S.S. Narasimha Murthy</p>	<p>Relevance Of Yoga And Ayurveda In Covid-19 Pandemic</p> <p><i>Department Of Kayachikitsa, Faculty Of Ayurveda, Institute Of Medical Sciences, Banaras Hindu University, Varanasi.</i></p>
7.	<u>28TH</u> <u>MAY</u> <u>2021</u>	 <p>Prof. Surendra Kumar Tyagi</p>	<p>Relevance Of Yoga Sutra In Mental Health</p> <p><i>Hod, Associate Professor, Department Of Yogic Science, Gurukula Kangri University, Haridwar.</i></p>
8.	<u>29TH</u> <u>MAY</u> <u>2021</u>	 <p>Dr. Mantu Saha</p>	<p>Science Of Yoga</p> <p><i>Scientist-F & Additional Director, Head: Exercise Physiology And Yoga Laboratory, Defence Institute Of Physiology And Allied Sciences, Drdo, Ministry Of Defence, Delhi-54</i></p>
9	<u>30TH</u> <u>MAY</u> <u>2021</u>	 <p>Dr. Ishwar V. Basavaraddi</p>	<p>Understanding The Science Of Yogic Practices</p> <p><i>Director, Morarji Desai National Institute Of Yoga (Mdniy), Ministry Of Ayush, Government Of India, New Delhi.</i></p>
10.	<u>31ST</u> <u>MAY</u> <u>2021</u>	 <p>PROF. SUSHIN DUBEY</p>	<p>Understanding Of Research In Yoga</p> <p><i>Professor, Department Of Philosophy, Nava Nalanda Mahavihar , Ministry Of Culture, Govt. Of India.</i></p>

11.	<u>1ST</u> <u>JUNE</u> <u>2021</u>	 <p>PROF. ISHWAR BHARDWAJ</p>	<p>Relevance Of Yoga Sadhana In Present Scenario</p> <p><i>Dean Academic, Dsvv, Haridwar, Ex-Dean, Faculty Of Medical Science & Health, Dean Student Welfare And Founder, Dept. Of Yogic Sciences, Gurukala Kangri University, Haridwar</i></p>
12.	<u>2ND</u> <u>JUNE</u> <u>2021</u>	 <p>Prof. Anand Prakash Tripathi</p>	<p>Conceptual Understanding Of Yoga In Indian Philosophy</p> <p><i>Director, Distance Education Jain Vishva Bharti Institute, (Deemed to be University), Ladnun, Rajasthan.</i></p>
13.	<u>3RD</u> <u>JUNE</u> <u>2021</u>	 <p>Prof. Suresh Lal Barnwal</p>	<p>Positive Approach Through Yoga In Present Scenario</p> <p><i>Professor & Dean, Faculty of Yoga & Health, Dev Sanskriti Vishwavidyalaya, Shantikunj, Haridwar.</i></p>
14.	<u>4TH</u> <u>JUNE</u> <u>2021</u>	 <p>PROF. GYAN SHANKAR SAHAY</p>	<p>YOGIC ANATOMY IN THE SPECIAL REFERENCE OF YOGIC TEXTS.</p> <p><i>Founder-Director, Yogic Heritage, Lonavala, & Ex-Assistant Research Director & Head, Philosophico Literary Research Department, Kaivalyadhama, lonavala.</i></p>

15.	<u>5TH</u> <u>JUNE</u> <u>2021</u>	 <p>DR. RAJIV RASTOGI</p>	<p>Yoga And Naturopathy</p> <p><i>Retired- Assistant Director, Central council for Research in Yoga and Naturopathy, Ministry of AYUSH, Govt. of India.</i></p>
16.	<u>6TH</u> <u>JUNE</u> <u>2021</u>	 <p>DR. MANMATH GHORATE</p>	<p>Therapeutic References In Yogic Texts</p> <p><i>Director, Lonavla Yoga Institute, Lonavla.</i></p>
17.	<u>7TH</u> <u>JUNE</u> <u>2021</u>	 <p>DR. JITENDRA KUMAR SHARMA</p>	<p>Samtva Yoga-Yuganukool Vimarsh</p> <p><i>Professor, Department of Yoga, Indira Gandhi National Tribal University, Amarkantak, M.P.</i></p>
18.	<u>8TH</u> <u>JUNE</u> <u>2021</u>	 <p>DR. CHANDRA BHUSHAN JHA</p>	<p>Conceptual Understanding Of Ahara And Rasa</p> <p><i>Professor Emeritus, Former Prof. & Head, Dept. of Rasa Shastra, Former Dean, Faculty of Ayurveda, BHU, & Former Superintendent Ayurvedic Pharmacy, BHU.</i></p>
19.	<u>9TH</u> <u>JUNE</u> <u>2021</u>	 <p>Dr. Kamakya Kumar</p>	<p>Yoga - Off The Mat</p> <p><i>Head, Department of Yogic Science, Uttarakhand Sanskrit University, Founder Member, Dept. of Yoga & Health, Dev Sanskriti University.</i></p>

20.	<u>10TH</u> <u>JUNE</u> <u>2021</u>	 <p>Prof. Keshav Sharma</p>	<p>Nadyoga .</p> <p><i>President, Society for Research Education & Information Technology, Shimla Former Head & Professor of Education, ICDEOL, HPU</i></p>
21.	<u>11TH</u> <u>JUNE</u> <u>2021</u>	 <p>Dr. Parameswarappa. S. Byadgi</p>	<p>Swasthavritta And Yoga</p> <p><i>Professor & Head, Department of Vikriti Vigyan, Faculty of Ayurveda, IMS, BHU, Varanasi.</i></p>
22.	<u>12TH</u> <u>JUNE</u> <u>2021</u>	 <p>Dr. Udham Singh</p>	<p>Importance And Application Of Abhyasa And Vairagya In Human Life.</p> <p><i>Assistant Professor-II, Dept. of Yogic Science, Faculty of Medical Science & Health, Gurukula Kangri University, Haridwar</i></p>
23.	<u>13TH</u> <u>JUNE</u> <u>2021</u>	 <p>Prof. Hari Shankar Prasad</p>	<p>Part – I - Pre – Patanjali</p> <p><i>Professor (Retired), Department of Philosophy, University of Delhi, Delhi</i></p>
24.	<u>14TH</u> <u>JUNE</u> <u>2021</u>	 <p>Prof. Hari Shankar Prasad</p>	<p>Part – II - Patanjali.</p> <p><i>Professor (Retired), Department of Philosophy, University of Delhi, Delhi</i></p>

25.	<u>15TH</u> <u>JUNE</u> <u>2021</u>	 <p data-bbox="411 528 778 562">Dr. Sudhanshu Kumar Sarangi</p>	<p data-bbox="1066 194 1294 228">Yoga In Shaivism</p> <p data-bbox="1007 297 1353 427"><i>Professor & Chairman, Deptt. Of VVBIS & IS, Panjab University, Sadhu Ashram, Hoshairpur.</i></p>
26.	<u>16TH</u> <u>JUNE</u> <u>2021</u>	 <p data-bbox="491 898 699 931">Prof. R.P. Mishra</p>	<p data-bbox="1050 595 1310 629">Hathayoga Sadhana</p> <p data-bbox="1011 667 1350 831"><i>Academic Advisor & Dean Academic Affairs, Maharshi Valmiki Sanskrit Vishwavidyalaya, Mundri Kaithal</i></p>
27.	<u>17TH</u> <u>JUNE</u> <u>2021</u>	 <p data-bbox="443 1234 748 1267">Prof. Krishnakant Sharma</p>	<p data-bbox="1066 931 1294 965">Yoga-Parampara</p> <p data-bbox="911 1003 1449 1167"><i><u>President Awardee</u> Former Professor & Dean, Department of Vaidic Darshan, Faculty of Sanskrit Vaidya Dharma Vijnan, Banaras Hindu University, Varanasi.</i></p>
28.	<u>18TH</u> <u>JUNE</u> <u>2021</u>	 <p data-bbox="435 1608 754 1641">Dr. Krishnamohan Pandey</p>	<p data-bbox="1042 1294 1318 1328">Yoga In Upanishad-S</p> <p data-bbox="970 1366 1374 1507"><i>Associate Professor (Veda), Sanatan Dharam Aadarsh Sanskrit Mahavidyalaya Dohgi, Bangana, Una, H.P.</i></p>
29.	<u>18TH</u> <u>JUNE</u> <u>2021</u>	 <p data-bbox="499 1962 691 1995">Dr. Arpita Negi</p>	<p data-bbox="866 1671 1497 1715">कोविड-१९ के दौरान स्वास्थ्य संरक्षण मे योग की भूमिका</p> <p data-bbox="994 1753 1366 1895"><i>Assistant Professor, Department of Yoga Studies, Himachal Pradesh University, Shimla, H.P.</i></p>

30.	<u>19TH</u> <u>JUNE</u> <u>2021</u>	 <p>Prof. Sushil Kumar Tiwari</p>	<p>"पतंजलि योग-मानवता का उद्धारक"</p> <p><i>Retired Professor, Department of Philosophy, DDU Gorakhpur University, Gorakhpur.</i></p>
31.	<u>20TH</u> <u>JUNE</u> <u>2021</u>	 <p>Prof. Kapil Kapoor</p>	<p>योग दर्शन</p> <p><i>Chairperson, Indian Institute of Advanced Study, Shimla Former Chancellor, Mahatma Gandhi Antarrashtriya Hindi Vishwavidyalaya, Wardha</i></p>
32.	<u>21ST</u> <u>JUNE</u> <u>2021</u>	 <p>Prof. A. D. N. Bajpaye</p>	<p>योगो भवति दुःखहाः</p> <p><i>Vice Chancellor, Atal Bihari Vajpayee Vishwavidyalaya, Bilaspur, Chhattisgarh Former Vice Chancellor Himachal Pradesh university, Shimla</i></p>