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About NSS:

MOTO: Not Me but You. To accomplish the Moto of the National Service Scheme (NSS) is to encourage youth in welfare activities in the interest of the Society and the Nation. It provides opportunity to the student youth to take part in various Government led community service activities & programmes. The primary objective of developing the personality and character of the student youth through voluntary community service. 'Education through Service' is the purpose of the NSS.

About Us:

The motive of H.P. University Shimla is to involve more and more Institutions affiliated with the University to encourage youth in the noble cause. At present the University has 185 NSS Units as sanctioned by the State NSS Office, Deptt. of YSS HP Secretariat Shimla. Every NSS Unit is of 100 Volunteers. These NSS Units are allotted to different Colleges/Institutes affiliated to/ maintained by the H.P. University. There is One NSS Programme Officer of Assistant Professor level and supporting staff assigned the additional work of NSS.

Major Activities:

Every year our NSS Volunteers take part in National Integration Camps (NIC), National Youth Parliament, Adventure Camps, Mega Camp, and Republic Day Parade Camp.

Other Annual Activities:

NSS Volunteers involve in regular activities and seven days Special Camps for philanthropic purpose as per the annual calendar of activities. H.P. University assists in the activities of NSS in the Colleges/Institutions having NSS. The details of Annual Regular Activities are as under:-

YEARLY CALENDER OF NSS ACTIVITIES

July:-

1. World Population Day

11th Julv

2. Preparation of NSS volunteers for Independence Day Parade.

<u>August:-</u>

- 1. Orientations of Volunteers as per guidelines of NSS Manual.
- 2. Plantation of saplings in collaboration with local bodies & Forest Department.
- 3. Blood donation Camps.
- 15th August. 4. Independence Day Celebration
- 5. Campus beautification as per the guidelines of NSS manual.
- 6. Sadhabhawan Pleadge
- 7. Sadhabhawana Pakhwada

20th August.

- 20th August to 5th September.
- 8. To select and adopt village(s) to carry-out NSS activities.
- 9. To promote the Road Safety Awareness amongst the students & public.

September:-

1. Teacher's day	5 th September.
2. International Literacy Day	8 th September.
3. International Peace Day	15 th September.
4. NSS Day celebration through Social	24 th September.
Welfare activities.	•

5. Visit to adopted village(s) for social work i.e. to impart information/educate the villages on the issues relating to Environment, Land Reforms, Cleanliness, drugs abuse, organic farming, conservation of local culture & social harmony.

October:-

1. National Blood Donation Day.	1 st October.
2. Communal Harmony Day.	2 nd October.
3. World Food Day	16 th October.
4. UNO Day	24 th October
5. Traffic Week	24 th to 30 th October.
6. Lecture on AIDS, Drugs abuse etc.	

7. Visit to adopted village for social work to impart Knowledge/information with regard to Health, Girl Child (Beti Bachao-Beti Padhao) Drug Abuse etc.

November:-

- 1. National Mother Day
- 2. National Integration Day
- 3. Visit to adopted Village for Social Work.

December:-

1. World AIDS Day

- 2. World Human Rights Day
- 3. Special Camps be organized during the vacations i.e. December &

January. The camp will be organized in the adopted villages for 7 days and submission of statistical data to University immediately after completion of camp. January:-

- 1. Special Camps.(Seven Days)
- 2. National youth Day
- 3. National Youth Week
- 4. Preparation for the Republic Day Parade.
 - 5. Celebration of Republic Day.
- 6. Martyr Day

February:-

1. Organizing some competitions among the students, College Teachers & Inviting Resource Persons for Lectures.

2. Visit to adopted village for building community & students' relationship for Capacity building.

March:-

1. International Women Day

2. Submission of Report of Special Camping & Regular Activities during the year.

April:-

1. World Health Day	7 th April.
2. Dr.Bheem Rao Ambedkar Jyanti	14 th April
3. Himachal Day	15 th April
Juna	-

May & June:-

1. Yog Diwas

In addition to above NSS Volunteers will organize the activities as assigned by the Ministry of Sports & Youth Affairs Govt. of India, H.P.State Govt.

National Service Scheme Award:

19th November

9th November

1st December 10th December.

12th January

12th January to 19th January

26th January. **30 January.**

8th March.

21st June

The Ministry of Youth Affairs and Sports, Government of India had instituted the National Service Scheme Awards to recognize the voluntary service rendered by NSS volunteers, Programme Officers, N.S.S. Units and the University. These awards were instituted in the year 1993-1994. Since then, these awards are given away every year at various Levels. The details of NSS National award winner of HP University is as under:-

S.No.	Name of Volunteer/ Programme Officer & NSS Unit.	Name of Institute	Year of Award
1.	Ms. Sunaiana	Himachal Adarsh Sanskrit College,Jangla (Chirgaon) Shimla, HP	2010-11
2.	Ms. Anu Bala	Maharana Pratap Govt. College AMB Distt. Una, HP.	2013-14
3.	Mr. Neeraj Sharma	GC Seema(Rohru)	2017-18
4.	Dr. Gopal Dutt Sharma (NSS PO)	GC Seema(Rohru)	2017-18
5.	Mr. Sumit	JLN GC Haripur (Manali)	2018-19
6.	Mr. Lalit Kumar Dogra	GC Dharamshala	2019-20
7.	Mr.Rishabh Chaudhary	GC Bangana	2021-22
8.	Dr. Malkiyat Singh (NSS PO)	GC Dharamshala	2021-22

During Food Preparation for COVID 19 Patients

The N.S.S. Unit Dharamshala Has Originated A Meal To Heal Food Distribution Drive Since 18th April 2021 I.E. In The Areas Of Kangra District In Which The Volunteers Are Making And Distributing Food To The COVID Patients And Attendants. The Main Aim Of This Programme Is To Provide Food To The People Suffering During These Hard Times Under The Curfew Times.



Volunteer NSS Vice President Sidhant and Volunteer Rohan during mashing flour for making chapattis





Plantation of saplings Drive by the NSS Volunteers





Blood Donation Camp



NSS Volunteers of H.P. in Republic Day Parade Camp-2025