

CURRICULLUM VITAE
DR. SATYAPRAKASH PATHAK



Designation: Assistant Professor (Yoga)
Official Address: Department of Yoga Studies,
Faculty of Social Science, Himachal Pradesh
University, Summer hills, Shimla-171005, H.P.
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- Ph.D. in Yoga and Ayurveda
 - M.A. in Samkhya- Yoga
 - Bachelor in Samkhya- Yoga (Hons.)
 - P.G. Diploma in Yoga
 - Certificate in Yoga
 - 10th and 10+2
- All from Banaras Hindu University,
Varanasi, U.P.

Area of specialization: Yoga and Allied Sciences, Ayurveda, Philosophy & Sanskrit

Member of Different Universities & Govt. Bodies of India

- ❖ Eminent Yoga Expert TKDL, Council of Scientific and Industrial Research (CSIR), Govt. of India New Delhi, for Patent Validation Yoga and Ayurveda.
- ❖ Member Board of Intergovernmental Committee on Intangible Cultural Heritage (IGC ICH) UNESCO.
- ❖ Visiting Member Defense Institute of Physiology and Allied Sciences, DRDO, Ministry of Defense Govt. of India, New Delhi.
- ❖ Visiting Member Indian council for cultural Relations (ICCR) Govt. of India, New Delhi.
- ❖ Visiting Member MDNIY, Ministry of AYUSH, Govt. of India, New Delhi, New Delhi.
- ❖ Visiting Member CCRYN, Ministry of AYUSH, Govt. of India, New Delhi, New Delhi.
- ❖ Member Board of Studies in LNIPE, Ministry of Youth Affairs and Sports, Govt. of India, Gwalior M.P.
- ❖ Member Board of Studies in Department of Yoga Studies in Himachal Pradesh University, Shimla, H.P.
- ❖ Member in Buddhist Study Center, Himachal Pradesh University, Shimla, H.P.
- ❖ Member Board of Studies in Department of Yoga Studies, Himachal Pradesh Technical University, Hamirpur, H.P.
- ❖ Advisory Board Member “THE YOGIC INSIGHT” A Peer Reviewed Refereed Research Journal.
- ❖ Editorial Board Member “SUTRAM” A Peer Reviewed Refereed Research Journal, HPU, Shimla.

- ❖ Teaching & Research Experiences: More Than 17 Years.
- ❖ Administrative Experiences: Working as Warden Tagore Boys Hostel, Himachal Pradesh University, summer hills, Shimla-5, since 21th Nov. 2018 to till date.
- ❖ Books Author/ Editor: 07
- ❖ Research Supervisory Experience: 07 Years
Ph.D 05 (Under Progress)
M.Phil 11 (Awarded)
M.Phil 11(Under Progress)
M.P.Ed 13 (Awarded)
- ❖ DELIVERED LECTURES AS RESOURCE PERSON : 70
- ❖ LIVE DISCUSSION ON DOORDARSHAN : 20
- ❖ RESEARCH PAPERS: 18
- ❖ SEMINARS / WEBINAR/CONFERENCE: 40
- ❖ CONTINUING MEDICAL EDUCATION (CME): 03
- ❖ WORKSHOPS PARTICIPATED 10
- ❖ ORIENTATION PROGRAMME / REFRESHER COURSE 03
- ❖ PUBLICATIONS: (BOOKS) AUTHOR/ EDITOR : 07
 1. Author and Editor Book titled “Hathayoga Ke Adhar Evam Prayoga” Revised IInd Edition Published by MDNIY, Ministry of AYUSH, Govt. of India, New Delhi in the year 2018.
 2. Editorial Assistance Book titled ‘A Monograph on SAṬKARMA’ Revised IInd Edition Published by MDNIY, Ministry of AYUSH, Govt. of India, New Delhi in the year 2013.
 3. Author and Editor Book titled ‘Hathayoga Ke Adhar Evam Prayoga’ Published by MDNIY, Department of AYUSH, Ministry of Health & F.W. Govt. of India, New Delhi in the year 2011.
 4. Author and Editor Book titled ‘Yogic Suksma Evm Sthula Vayayama’ Published by MDNIY, Department of AYUSH, Ministry of Health & F.W. Govt. of India, New Delhi in the year 2011.
 5. Editorial Assistance booklet titled ‘SAṬKARMA’ Published by MDNIY, Department of AYUSH, Ministry of Health & F.W. Govt. of India, New Delhi in the year 2009.
 6. Author and Editor Booklet titled ‘Concept of Yoga & its Traditional Aspects’ HPU Shimla in the year 2009.
 7. Author and Editor Books titled PILOSOPHY AND PRACTICES OF HATHAYOG (An Anthological Presentaion of Basic Hathayogic Texts, Volume I- Philosophy of Hathayoga, II-Satkarma-s, III- Asana-s, IV-

Pranayama-s, V- Mudra-s) Containing Research References, Under Press publish work in progress by MDNIY, Ministry of AYUSH, Govt. of India, New Delhi.

SOUVENIR AUTHOR/ EDITOR& COMPLIER:

8. Editor *Souvenir*, NYW 2015 published by MDNIY, Ministry of AYUSH, Govt. of India, New Delhi.
9. Compiled *Souvenir*, NYW, 2010 published by MDNIY, Department of AYUSH, Ministry of Health & F.W. Govt. of India, New Delhi.
10. Compiled *Souvenir*, NYW 2011 published by MDNIY, Department of AYUSH, Ministry of Health & F.W. Govt. of India, New Delhi.
11. Editorial Member *Souvenir*, NYW 2013 published by MDNIY, Department of AYUSH, Ministry of Health & F.W. Govt. of India, New Delhi.
12. Editorial Member *Souvenir*, NYW 2014 published by MDNIY, Department of AYUSH, Ministry of Health & F.W. Govt. of India, New Delhi.
13. Compiled and Edited *Abstract*, NYW2010 published by MDNIY, Department of AYUSH, Ministry of Health & F.W. Govt. of India, New Delhi.
14. Editor *Abstract*, NYW 2015 published by MDNIY, Ministry of AYUSH, Govt. of India, New Delhi

AWARDS AND FELLOWSHIPS RECEIVED:

1. The Himachal Pradesh University has Honored with “PRASHSTI PATRA” for best contribution in Yoga Demonstration on the University Foundation Day in 2016.
2. Sanskrit “SEWA PURASKAR” awarded by Rishikul Sanskrit College, Rohtak, Haryana in the year 2009.
3. SRF (Yoga) by MDNIY, Ministry of AYUSH, Govt. of India, New Delhi.
4. Merit Scholarship in 9th to 12th, Graduation and Post-graduation all from Banaras Hindu University, Varanasi.
5. JRF/SRF Scholarship for Research Period, Banaras Hindu University, Varanasi.
6. Nominated Jury member for 24th U.P. Yoga Championship in Varanasi in the year 2005-06.
7. Participated in Republic Day Comp (RDC) in 1999 organized by Directorate of NCC, Ministry of Defense Govt. Of India, New Delhi.

EXTRA CURRICULAR ACHIEMENTS:

1. Awarded NCC-‘C’ Certificate 3 U.P. Armd Sqn BHU Varanasi from NCC Directorate of Uttar Pradesh, Ministry of Defense Govt. Of India, New Delhi the year 1998
2. Awarded NCC-‘C’ Certificate 7 U.P. Naval Unit BHU Varanasi from NCC Directorate of Uttar Pradesh, Ministry of Defense, Govt. of India, New Delhi the year 2001
3. Participated in National Service Scheme from Banaras Hindu University, Varanasi, Uttar Pradesh in the year 1997-99
4. Participated in *Republic Day Comp* Yatching Regatta Competition held at Chilka (Orissa) in 1999, organized by Directorate of NCC, Ministry of Defense Govt. Of India, New Delhi
5. Represented Uttar Pradesh state in All India Nausainik Camp Organized by Indian Naval Ship(INS), Vishakhapattanam in the year 1999.
6. Attended National Integration Camp and 8 (CATC) Camps.
7. Acting in seven different Sanskrit Dramas and Theater Activities.