Conferences/ Seminars Attended/Paper Presentation/ Resource Person in Conferences/ Workshops/ Seminars

- 1. National Webinar on 'Choose to Challenge', 8th March, 2021 (Organized by the Centre for Women Studies and Development, H.P.U.).
- 2. Attended an International Conference (Virtual) on 'COVID 19 : Challenges and Opportunities' Organized by Institute of Tourism & Hotel Management, Dr. Bhimrao Ambedkar University, Agra, India & Center for Global Business Studies, School of Business, Howard University, Washington D.C., USA and Paper presented on 'Connecting with the Grassroots : Opportunity Post COVID' in May, 2020.
- 3. National Workshop on 'Each for Equal', 8th March, 2020 (organized by the Centre for Women Studies and Development, H.P.U.).
- 4. Attended a Regional Workshop on 5th July, 2019 as a Resource Person on 'Gender Sensitization of Police Personnel' organized by Himachal Pradesh State Commission for Women.
- 5. Attended a National Workshop as a Resource Person on 'Women's Health and Rights' organized by Himachal Pradesh State Commission for Women in 2019.
- 6. Attended a National Seminar on October, 2019 as a Resource Person on 'Soft Skills Development' organized by The Institute of Tribal Studies, H.P.U. Shimla.
- Attended a National Workshop on 13th August, 2019 as a Resource Person on 'Women Rights are Human Rights' organized by U.I.L.S. H.P.U. Shimla.
- 8. 03 Hands on Workshops for 5days for Rural Women on 'Handicrafts from Pine Needles' organized by the Centre for Women Studies and Development, H.P.U. Shimla, from June to November, 2019.
- 9. National Workshop on 'Balance for Better', 7th March, 2019 (Organized by the Centre for Women Studies and Development, H.P.U.).
- 10. Attended an International Conference cum Workshop on 'Sustainable Entrepreneurship Development Practices in Tourism and Hospitality Sector in the Himalayan States' Organized by Centre for Mountain Tourism and Hospitality Studies, H.N.B. Garhwal University and paper presented on 'Creative Tourism Paving Way for Entrepreneurship in Himachal Pradesh' in 2017.
- National Seminar on Cultural Tourism Development in Himachal Pradesh,20-21st March, 2015 (organized by Tourism Department of H.P. University)
- 12. Attended a workshop for University Administrators organized by U.G.C. Academic Staff College of Himachal Pradesh University, Shimla, 20-21 October 2014.
- 13. Attended an international seminar on 'Hydropower Development in Relation to the Overall Development of Mountain Regions' organized by Centre for Canadian Studies Development Programme, Himachal Pradesh University, at Shimla on March, 2013 and presented a paper on 'Hydropower Projects-The Social & Cultural Issues'.

- 14. Attended National Seminar on Role of Teachers in Quality Higher Education organized by Internal Quality Assurance Cell, Himachal Pradesh University, 5 October 2012, Shimla, India.
- 15. Attended a national seminar on 'Tourism and Hospitality Industry: Omissions, Innovations and Challenges' organized by University Institute of Hotel Management and Tourism,(UIMHT) Panjab University, Chandigarh, at Chandigarh on October, 2011 and presented a paper on 'Community Based Tourism (CBT)-A Sense of Social Responsibility through Tourism'
- 16. Attended a national seminar on 'Economic Liberalization: Effects and Challenges', organized by ICDEOL, Himachal Pradesh University, at Shimla November 2011 and presented a paper on 'Tourism as a Vehicle for Community Upliftment and Economic Growth-A Study of Kangra District of Himachal Pradesh'
- 17. Attended a national seminar on Women Empowerment: Contemporary Concerns organized by HPIMS, at Shimla December 2011 and presented a paper on 'Women Empowerment through Tourism'.
- 18. Attended workshop on Curriculum Designing for Tourism at school level jointly organized by IVS HPU and Department of Tourism and Civil Aviation, Govt. of Himachal Pradesh, 26 September, 2011.
- 19. Attended workshop on Home Stay Scheme: Status and Opportunities in HP jointly organized by IVS HPU and Department of Tourism and Civil Aviation, Govt. of Himachal Pradesh, 25 September, 2011
- 20. Attended workshop on Community Participation and tourism development jointly organized by IVS HPU and Department of Tourism and Civil Aviation, Govt. of Himachal Pradesh, 24 September, 2011.
- 21. Attended workshop on Hotel Industry in Shimla: Challenges and Issues, jointly organized by IVS, HPU and Department of Tourism and Civil Aviation, Govt. of Himachal Pradesh, 22 September, 2011.
- 22. Attended workshop on Minor Stakeholders of tourism industry: Problems and Opportunities." jointly organized by IVS, HPU and Department of Tourism and Civil Aviation, Govt. of Himachal Pradesh, 23 September, 2011.
- 23. Attended Workshop on National Mission on Education through Information and Communication Technology jointly organized by H.P. University and Ministry of Human Resource & Development, Government of India, Shimla, India, September 2009.
- 24. Organized a National Conference on Destination Image and Branding, H.P. University, Shimla, India, Sept 2009.
- 25. Organized and attended the International Conference on Backpacker Tourism at H.P. University, Shimla, India. 26-28 March 2008.
- 26. Attended an International Conference 'Cutting Edge Research in Tourism: New Directions and Challenges), 17-18 March 2007, Shimla (organized by Tourism Department of H.P. University), India.