

FACULTY OF SOCIAL SCIENCES



HIMACHAL PRADESH UNIVERSITY

(NAAC Accredited "A" Grade University)

**REGULATIONS, COURSE STRUCTURE AND
SYLLABUS**

FOR

Ph.D. IN SOCIAL WORK

(2021-2022 onwards)

**DEPARTMENT OF SOCIOLOGY & SOCIAL WORK
HIMACHAL PRADESH UNIVERSITY
SUMMER HILL, SHIMLA-171005**

Ph.D. Course Work in Social Work

The Ph.D. Course work in Social Work will be of six months duration spread over one semester with following Courses

Semester-I

Course Code SW-101: Social Work Research (Compulsory for all)

Course Code SW-102: Any one of the following:

- (a) Social Work Profession
- (b) Population Studies and Social Work
- (c) Health and Health Care System
- (d) Social Policy and Social Development

Course Code	Compulsory/ Elective	Course Name	Theory <i>Contact Hours: (L- 5hrs/Tut.- 1 hr, FWP =4x2)</i>				Marks Scheme	
			Lectures Credits	Tutorial (Seminar/ GD/Quiz) Credits	Total Credits	Theory	Internal Assessment	Total
SW-101	Compulsory	Social Work Research	5	1	6	80	20	100
SW-102 (a)	Elective	Social Work Profession	5	1	6	80	20	100
SW-102 (b)	Elective	Population Studies and Social Work	5	1	6	80	20	100
SW-102 (c)	Elective	Health and Health Care System	5	1	6	80	20	100
SW-102 (d)	Elective	Social Policy and Social Development	5	1	6	80	20	100

Note

1. The question papers shall contain 8 questions in all i.e. two questions from each unit. The candidates shall be required to attempt four questions, selecting at least one question from each unit. All questions carry equal marks.
2. The qualifying marks in each Course shall be 50 in both theory and internal Assessment
3. Internal Assessment shall include 10 marks for presentation, 5 marks for one book review and 5 marks for Attendance
4. The completion of Ph.D. course work shall be essential for the submission of synopsis.



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Ph.D. COURSE WORK

SEMESTER-I

Course Code: SW-101

Maximum marks: 100

Course Name: SOCIAL WORK RESEARCH

Time: 3 Hours

Credits: 6

Objectives of the Course:

- *To understand the nature, scope and significance of social work research.*
- *To be familiar with various research designs, methods, statistical tools and techniques relevant to social work research.*
- *To develop the analysis, report-writing skills and cite the sources properly.*

Unit –I: An Introduction to Social Work Research

Social Work Research- Concept, Objectives, Steps, Types and Scope; Theory and Research; Theory and Fact; Hypothesis; Problems of Generalization; Reasoning- Inductive and Deductive; Problem of Objectivity in Social Work Research; Reliability and Validity in Social Work Research; Ethical issues in Social Work Research

Unit – II: Research Design and Methods of Data Collection

Research Design- Meaning, Importance and Types (Exploratory, Descriptive and Experimental) Sampling- Meaning, Importance and Types; Methods of Data Collection- Survey, Observation, Interview, Questionnaire, Schedule and Case Study; Scaling Techniques – Likert, Thurstone and Bogardus

Unit –III: Statistics in Social Research

Statistics- Meaning, Importance, and Scope; Measures of Central Tendency- Mean, Median and Mode; Measures of Dispersion- Quartile, Mean and Standard Deviation; Correlation and Regression Analysis; Test of Significance- T-Test, Chi-Square and ANOVA; Testing of Hypothesis

Unit – IV Data Analysis and Report Writing

Editing, Coding, Classification, Tabulation, Analysis and Interpretation of Data; Diagrammatic and Graphical Presentation of Data; Computer Applications- Use of MS Office and SPSS; Steps in the Writing of Research Report, Bibliography, References and Footnotes

Suggested Readings:

- Ahuja, Ram. 2001. Research Methods. Delhi: Rawat Publications.
- Alston, M. Bocoles, W. (Indian Edition 2003) Research for Social Workers-An Introduction to Methods, Jaipur : Rawat
- Babbie, Earl. 1995. The Practice of Social Research. California: Wadsworth Publishing Company.
- Bailey, K. D. 1997. Methods of Social Research. New York: The Free Press.
- Bernard, H. Russell. 2000. Social Research Methods: Qualitative and Quantitative Approaches. New Delhi: Sage Publications.
- Black, James A. and Dean J. Champion. 1976. Methods and Issues in Social Research. New York: Wiley and Sons.
- Bryant, G.A. 1985. Positivism in Social Theory and Research. New Delhi: Macmillan Publishers.
- Bryman, Alan. 1988. Quality and Quantity in Social Research. New York: Routeledge.
- Bryman, Alan. 2001. Social Research Methods. New York: Oxford University Press.
- Cicourel, A.V. 1964. Method and Measurement in Sociology. Glencoe: Free Press.
- Coolidge, Frederick: Statistics: A Gentle Introduction (Sage Publication, New Delhi 2000)
- Grinell, Richard M. (Jr.) (1988) Social Work Research and Evaluation, Illinois F. E. Peacock Pub. Inc.
- Goode, W.J. and P.K. Hatt. 1981. Methods in Social Research. New York: Mcgraw Hill.
- Gupta, S.P. 2002. Statistical Methods. New Delhi: Sultan Chand and Sons Publication.
- Hanmond, Michael. 1991. Understanding Phenomenology. Oxford: Blackwell Publishers.
- Hindess, Barry.1977. Philosophy and Methodology in Social Sciences. Sussex: The Harvester Press.
- Kerlinger. F. N. 1973. Foundations of Behavioural Research. Delhi: Surjit Pub.
- Madge, J. 1976. The Tools of Social Science. London: Longman.
- Mukherjee, Partha N. 2000. Methodology in Social Research. New Delhi: Sage Publications.
- Neuman, Lawrence W. 2006. Social Research Methods: Qualitative and Quantitative Approaches. Boston: Pearson Publishers.
- Punch, Kieth. 1996. Introduction to Social Research. London: Sage Publications.
- Sarantakos, S. 2005. Social Research. Hampshire: Palgrave Mac Millian.
- Shipman, M. 1988. The Limitation of Social Research. London: Sage Publications.



HIMACHAL PRADESH UNIVERSITY
DEPARTMENT OF SOCIOLOGY & SOCIAL WORK
Ph.D. COURSE WORK

SEMESTER-I

Course Code: SW-102 (a)

Maximum marks: 100

Course Name: SOCIAL WORK PROFESSION

Time: 3 Hours

Credits: 6

Objectives of the Course:

- *To familiarise and internalise the historical development, philosophy, ethics and core values of professional social work*
- *To introduce the methods, approaches and areas of professional social work practice*
- *To recognise the need and importance of social work education and field work practicum*

Unit –I: Professional Social Work

Social Work as a Profession; Ethics in Social Work Practice; Evolution of Social work profession; Historical Development of Social Work Education and Practice in West and India; Professionalization of Social Work in India; Challenges to Professional Social Work; Professional associations of Social Work-International, National and Regional

Unit-II Social Work Practice

Evolution of Social Work Practice; Introduction to Methods of Social Work; Social Work Intervention - Concept, Level and Steps; Traditional and Contemporary Challenges to Social Work Practice in different settings

Unit –III: Approaches and Models of Social Work Practice:

Approaches: System, Evidence-Based, Strength Perspective, Radical Social Work, Task-Centered and Problem-Based

Models: Problem-Solving, Crisis-Intervention, Cognitive Behavior, Psycho-Social, Therapeutic and Developmental

Unit –IV: Fields of Social Work Practice:

Application of social work in different settings: Industrial settings; Corporate Social Responsibility; Correctional settings; Medical and Psychiatric settings; Rural and urban; Family and Child welfare; Youth welfare; Women welfare and Welfare of the Persons with Disabilities; Emerging areas of Social Work: Environmental Protection, Pandemic and Epidemic Situations; Disaster management; Gerontological Social Work

Suggested Readings:

- Banks, S: Ethics and Values in Social Work (Macmillan Press Ltd, London-1995)
- Bhattacharya, Integrated Approach to Social Work in India, Jaipur: Raj Publishing House
- Bradford, W. Sheafor, Charles, R. Horejsi, Gloria A. - Fourth Edition (1997) Techniques and Guidelines for Social Work, London: Allyn and Bacon, A Viacom Company
- Dasgupta, Sugata (1964) Towards a Philosophy of Social Work in India, New Delhi: Popular Book Services.
- Dash, B.M. (2017).Relevance of Hinduism in Social Work Education. <http://www.newdelhitimes.com/relevance-of-hinduism-in-social-work-education/>
- Dash, B.M. & Roy, S. (2016). Field work Practice in social work Education, New Delhi, Atlantic Publisher, ISSN. 2016.
- Desai M: Curriculum Development on History of Ideologies for Social Change and Social Work, TISS Mumbai-2002)
- Encyclopedia of Social Work, Vol, 1&2 (2010). Ministry of Welfare, New Delhi
- Friedlander, WA: Introduction to Social welfare (New York Prentice Hall, 1959)
- Friedlander, W.A. (2010) Concepts and Methods of Social Work, Englewood Cliffs: Prentice-Hall.
- Gore, M. S. (1965) Social Work and Social Work Education, P. S. Jayasinghe, Bombay : Asia Publication House
- Joseph, J & Gracie, Fernandez(Ed), 2006 An Enquiry into Ethical Dilemmas in Social Work. Research Unit, Nirmala Nikatan, Mumbai
- Singh, R.R. (1985) Field Work in Social Work Education, A Perspective for Human Service Profession, New Delhi: Concept Publishing Company
- Surendra Singh (Chief Editor): Encyclopedia of Social work in India: New Royal Book Company, Lucknow,2012)



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SEMESTER-I

Course Code: SW-102 (b)

Maximum marks: 100

Course Name: POPULATION STUDIES AND SOCIAL WORK

Time: 3 Hours

Credits: 6

Objectives of the Course:

- *To understand the nature, scope and theoretical approach of social demography.*
- *To learn about the population dynamics and demographical factors.*
- *To know about the population policy of India especially in the context of family planning programme and health indicators.*

Unit –I Social Demography:

Social Demography- Concept, nature, scope and importance; Theories of Population- Malthusian Theory, Optimum Theory and Demographic Transition Theory; Demography and Social work

Unit-II Population Dynamics:

Population Processes- Fertility; Mortality and Migration; Population Growth and Economic Development, Poverty, Environmental Degradation and issues of Sustainable Development

Unit – III Population and Society:

Demographic Data- Sources of demographic data and its significance for Social work research; Population structures in terms of Age, Sex, Rural-Urban, Occupation, Education, Ethnicity, Religion and Linguistic basis.

Unit – IV Population Policy and Programme:

National Population Policy; Family Planning Programme; Health Policy; Reproductive and Child Health Care; Elderly and Women Care; Population Explosion; Methods of Population control; and Role of Social work in Population Education

Suggested Readings:

- Agarwal, S.N. 1977. India's Population Problems. New Delhi: Tata McGraw Hill.
- Ahlawat, Neerja. 2009. 'Missing Brides in Rural Haryana: A Study of Adverse Sex Ratio, Poverty and Addiction', Social Change, 46-63.
- Ahlawat, Neerja. 2013. 'Dispensable Daughters and Indispensable Sons: Discrete Family Choices', Social Change, 43(3): 365-376.
- Banerjee, D. 1971. Family Planning in India: A Critique. New Delhi: People's Publishing House.
- Bhende, Asha and Tara Kanitkar. 1995. Principles of Population. Delhi: Himalaya Publishing House.
- Bogue, Donald J. 1969. The Principles of Demography. New York: John Wiley and Sons.
- Bose, Ashish. 1996. India's Basic Demographic Statistics. New Delhi: B.R. Publishing Corporation.
- Chandrasekhar, S. 1972. Infant Mortality, Population Growth and Family Planning in India. Chapel Hill: University of North Carolina Press.
- Dubey, S.N. 2001. Population of India. Delhi: Authors Press.
- Government of India. 2011. Census of India 2011. New Delhi: Office of the Registrar General & Census Commissioner, Ministry of Home Affairs.
- Heer, David M. 1975. Society and Population. New Delhi: Prentice-Hall of India
- Malthus, T.R. 1986. An Essay on the Principle of Population. London: William Pickering.
- National Family and Health Survey 2015-2016. Bombay: IIPS.
- Pachauri, Saroj. 1999. Implementing a Reproductive Health in India: The Beginning, New Delhi: Population Council.
- Premi, M.K. 1991. India's Population: Heading Towards Billion. Delhi: B.R Publications.
- Premi, M.K. 2003. Social Demography: A Systematic Exposition. Delhi: Jawahar Publisher.
- Shryock, Henry S.; Jacob S. Seigel and Edward G. Stockwell. 1976. The Methods and Material of Demography. San, Diego, California: Academic Press.
- Sinha, V.C. and E. Zacharia. 2002. Elements of Demography. New Delhi: Allied Publishers.
- Srinivasan, K. 1996. Population Policy and Reproductive Health. New Delhi: Hindustan Publishing Corporation.



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SEMESTER-I

Course Code: SW-102 (c)

Maximum marks: 100

Course Name: HEALTH AND HEALTH CARE SYSTEM

Time: 3 Hours

Credits: 6

Objectives of the Course:

- *To understand the important concept of health care as an aspect of social development.*
- *To acquire knowledge about various health determinants, prevention, public health approach, evolution of health care system in India, national health policy & programs*
- *To identify the health care services at different levels and role of Social Worker in health settings.*

Unit –I Introduction to Health

Meaning, Components and Determinants of Health; Indicators and Characteristics of Health; Dimensions of Health; Interdependence of Dimension of Health; Basic Rules for Health Living; Concept of Disease; Health Development and Health Welfare

Unit-II Health Care System in India

Structure and Functions of Health Care Services in India: Primary, Secondary and Tertiary Level; Health Planning and Policy- National Health Policy, National Health Mission and Health Planning in India; Public-Private Partnership and Collaboration in Health Care; Role of NGO and Private Sector in Health Care.

Unit – III Health and Committees

Bhore Committee; Mudaliar Committee; Chaddha Committee; Mukherjee Committee; Kartar Singh Committee; Srivastava Committee; National Health Programmes- Malaria Eradication Programme, Tuberculosis Control Programme, STD Control Programme and Immunization Programme, National Programme for the Control of Blindness, National Iodine Deficiency Disorders Control Programme,

Unit – IV Health Care and Social work

Historical Evolution of Social Work Practice in Health Settings; Community Based Social Work Approaches to Prevention of Disease, Promotion of Health and Rehabilitation; Role of Social Worker as a Health Educator in Community and Institutional Health Services; Health Activism and Social Mobilization for Right to Health

Suggested Readings:

- Bartlett.1961: Social work practice in the health field National Association of social workers
- Park J.E. and Park 2011 -Text Book of Preventive and Social Medicine. (Jabalpur: Banarsi Das)
- Bajpai, P. K. (Ed.) (1998) Social Work Perspectives on Health (Jaipur, Rawat Publications)
- Bhattacharya, S.2010: Social determinants of Health Orient Blackswan
- Suchman, E.H. Sociology in the Field of Public Health.
- Dalal, A.K. (2015), Health beliefs and coping with chronic disease. (Delhi: Sage Publication)
- Ramachandras Ldharamlingam (1990) Health Education: A New Approach (Vikas Publishing House Pvt., Ltd)
- Leavell, H.R. and Clark, E.G. –Preventive Medicine for the Doctor in community.
- Smolenske, J. And Hear, F.B.-Principles of Community Health.
- Smith, .O.C.-Community Health.
- Lankenster, T (1992) A Setting Up Community Health Programme: A Practical Approach for Use in Development Countreies (London, Macmillan)
- Government of India-Annual Report-Ministry of Health and Family Welfare.
- Singh, Surendra and Misra, P.D. Health and Diseases: Dynamics and Dimensions.
- Misra, P.D. and Misra, Beena-nature Cure: Philosophy and Methods.
- Mahajan, B.K: The Text Book of Social & Preventive Medicine.
- Singh, Surendra and P. D. Misra: Health and Diseases: Dynamics and Dimensions.
- Goldstein, D.: Expanding Horizons in Medical Social work.
- Govt. of India (2002). National Health Policy 2002 - India. New Delhi: Ministry of Health and Family Welfare.
- Goldstein, D: Readings in the Theory & Practice in Medical Social work.



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SEMESTER-I

Course Code: SW-102 (d)

Maximum marks: 100

Course Name: SOCIAL POLICY AND SOCIAL DEVELOPMENT

Time: 3 Hours

Credits: 6

Objectives of the Course:

- **To obtain in-depth knowledge of the concepts and sources of social policy**
- **To gain critical and analytical understanding of social policies, programmes and legislative provisions in India**
- **To acquire knowledge about the perspectives of development and social development**

Unit –I Social Policy

Basic Concepts- Policy, Public Policy, Public Welfare, Social Welfare Policy, Social Policy and Economic Policy; Social Policy- Concept, Objectives, Models and Scope; Evolution of Social Policy in India; Role of Ideology and Values in Social Policy; Process of Social Policy Formulation

Unit-II Social Policy in India

Sources of Policy- Indian Constitution: Fundamental Rights, Directive Principles of State Policy; the Basic Structure of Indian Political System- Legislature, Judiciary and Executive; Social Policies in India- Education, Health, Housing, Environment, Social Security, Food Security, Employment and Labour; Social Welfare Programmes in India- Family, Children, Youth, Orphaned and Adopted, Women, Elderly, Persons with Disabilities, Labour in the Unorganised Sector, SC's/ST's and other Minority Groups

Unit – III Social Development

Concept, Models and Theories of Social Development; Historical and Social Context of Development in India; Positive and Negative Dimensions of Social Development; Economic Indicators of Social Development- Per Capita Income/ GDP/GVA/GNP; Social Indicators of Social Development- UNDP, Poverty, Social Inequality, Population (Size, Distribution and Growth)

Unit – IV Social Development in the Changing Context

Human Development Index; Ecology and Development- Industrialization and Urban Development, Population, Poverty and Development; Alternative Development Strategies- Gender, Participatory Approach; Role of State and Civil Society Organizations in Social Development; Citizen Initiatives; Sustainable Development- Concept, Strategies and Critical Issues

Suggested Readings:

- Kulkarni, P.D. 1979, Social Policy and Social Development in India, Madras, ASSWI.
- Gore, M.S. 1973, Some Aspects of Social Development, Bombay, TISS
- Drez Jean and Sen Amartya, 2007, Indian Development, New Delhi, Oxford University Press.
- Bhat K.S. ed, 2008, Towards Social Development, Delhi, Rawat Publications.
- Titmus Richard M., 1974, Social Policy, London, George Allen & Unwin Ltd.
- Singh, Sheobahal (2010). Sociology of Development, Rawat, Jaipur
- Boase AB: Social Welfare Planning in India (Bangkok, ESCAPE,1970)
- Abdul Kalam and Ranjan YS: India2020 (Viking Penguin India, New Delhi-1998)
- Gore MS: Social Aspects of Development (Rawat Publications, New delhi-2001)
- Alfred J. Kahn (1969), “Theory and Practice of Social Planning”. Russell Sage Foundation, New York.
- Reddy, Y.Venugopal (1979), Multi-Level Planning in India, Vikas; New Delhi.
