POPULATION RESERARCH CENTRE (NAAC ACCREDITED "A" GRADE UNIVERSITY) HIMACHAL PRADESH UNIVERSITY SUMMER-HILL, SHIMLA-171 005



SYLLABUS OF WOMEN'S DEVELOPMENT STUDIES

(Applicable for the session 2021-22 onwards)

SEQUENCE OF COURSES OF P.G. DIPLOMA IN WOMEN'S DEVELOPMENT STUDIES

The Post Graduate Diploma in Women's Development Studies will be a full time programme of one-year (two semesters) duration consisting of six courses (five theory papers and one applied Project, Report). The titles and the sequence of the courses shall be as given below :

COURSE	TITLE OF THE COURSE	MAXIMUM MARKS
<u>I Semester</u>		
Course – I	Women and Society	100 Marks
Course – II	Women, Population and Work	100 Marks
Course – III	Development and Women.	100 Marks
Course – IV	Research Methods for Social Sciences	100 Marks
II Semester		
Course – V	Women Empowerment and Empowered Women.	100 Marks
Course – VI	Project Report & Viva-voce	100 Marks
	Total:	600 Marks

COURSE – I

WOMEN AND SOCIETY

Maximum Marks: 100 Pass Marks : 36

Social Construction of Gender: Gender and sex, equality and differences; Women in the society; Women and socialization, gender roles, sexual division of labour; Patriarchy, patriarchical values, ideology and Practice.

Theoretical Perspectives: Sociology and gender issues; theoretical perspectives - structural, conflict and cultural; Feminist Critique of Sociological Theories.

Emergence of Feminist Thought: Social-historical perspective; Women's movements.

Gender and Society in India: Women and Family system; Marriage, dowry and property; Violence against women; Problems of women – caste and class correlates.

Women in India: The changing status of women in India- Pre-colonial, colonial and Post-Colonial or Independent India; The role of National Policy on women and Family Welfare, the role of state and NGOs in women's development; Legislation related to family, marriage, inheritance, dowry, crime against women, abortion; Women's rights.

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The examination for this paper/course shall be of three hours duration. Ten questions in all shall be set well spread over the whole syllabus. The candidate shall be required to answer any five questions. All questions carry equal maximum marks.

COURSE – II

WOMEN, POPULATION AND WORK

Maximum Marks: 100 Pass Marks : 36

Population: Size and growth of population; Sex ratio, Sex-wise trends in births, Life expectancy and age structure in India.

Components of Population: Concepts: fertility, mortality and migration. Fertility theories, causes and consequences of high and low fertility; Reproductive and child health with special reference to girl child; and their impact on the status of women in India. Mortality – theoretical explanation; causes and conditions underlying mortality; Age and sex-wise mortality trends in India, foetal wastage and maternal mortality in India.

Migration: Concept, theories of migration causes, conditions and consequences of migration; the impact of migration on women's status in India.

Women Work and Labour Force Participation: Women's Work versus women's gainful employments; Measure of Economic Value of women's work, contribution to family resources; Women in labour force and their status in India; Factors influencing women's participation in labour force; Women in organized and unorganized sector; Women at work - exploitation, inequality and harassment; Impact of women's labour force/ participation family, married life and social status.

The examination for this paper/course shall be of three hours duration. Ten questions in all shall be set well spread over the whole syllabus. The candidate shall be required to answer any five questions. All questions carry equal maximum marks.

COURSE – III

DEVELOPMENT AND WOMEN

Maximum Marks: 100 Pass Marks : 36

The Concept: Development, Under-development and Environment; Their Interlinkages.

Development Planning and Women: Centralized, de-centralized and participatory planning. Women development policies in India and their impact on education, health and employment.

Gender dimension of poverty: Nutrition, Poverty, Health and Environment linkages. Gender issues in development. Measuring gender inequality. Concept and measurement of human development. Gender related development index.

Women's Development Programmes: Programmes pressing for providing women equal treatment and broader choices in education, health, occupation, remuneration and legal rights. Various government programmes related to women's development (Integrated Rural Development Programme, Poverty eradication programme by creating employment activities for women, Development of women and children in rural areas, Training of rural youth for self-employment, Mahila Swastha Sangh, Anganwadi programmes Women's Development Corporation, State Commission for Women).

Women's Development Success Stories: Women and entrepreneurship development. Self Help Group, Chipko Andolan, Narvada Bachayo Abiyan, Samridhi Mahila Cooperative Society, NGO for Women's Health – CEHAT.

The examination for this paper/course shall be of three hours duration. Ten questions in all shall be set well spread over the whole syllabus. The candidate shall be required to answer any five questions. All questions carry equal maximum marks.

RESEARCH METHODS FOR SOCIAL SCIENCES

Maximum Marks: 100 Pass Marks : 36

Social Research: Meaning, Nature and Types, purpose and objectives; Importance and its limitations; Selection and formulation of a research problem; Research Design: Formulative and descriptive.

Methods of Data Collection: Observation, Questionnaires and Interviews, Focus Group discussion.

Diagrammatical and Graphic representation of data: Histogram, Frequency polygon and Ogive.

Sampling Techniques: Non-probability sampling (Quota sample, Accidental and purposive samples) and probability sampling (Simple random sample, stratified random sample, cluster sampling and Systematic sampling.

Statistical Techniques of Measurement: Central tendency – Arithmetic mean, Geometric and Harmonic Averages; Median and Mode; Dispersion – standard deviation, variance and coefficient of variation; Skewness and Kurtosis; Simple correlation and regression analysis, t-test and chi-square test.

Hypothesis testing: Null and alternative hypotheses; one-and two-tailed tests; level of significance; Type I and II errors, Steps for hypothesis testing. Steps in planning, formulating and completing a socio-economic research project.

The examination for this paper/course shall be of three hours duration. Ten questions in all shall be set well spread over the whole syllabus. The candidate shall be required to answer any five questions. All questions carry equal maximum marks.

WOMEN EMPOWERMENT AND EMPOWERED WOMEN

Maximum Marks: 100 Pass Marks : 36

Concepts of "Human Capital", "Manpower" and "human development". Importance of human capital in economic development with special reference to women. Key elements in planning human resources-size, quality and their utilization. Sex differences in educational attainment.

Women Empowerment and Capacity Building: Need for women's empowerment; Gender empowerment measures and status of women's empowerment in India and other countries. Role of education and training in women's empowerment (Education and Socio-economic change; Education for disadvantaged group; Vocational, professional and technical education; Nonformal education; Open learning system; Distance education; determinants of training needs; Evaluation of training).

Legislation and Women's Rights: Principles and Strategies of social action. Techniques of creating social awareness, social resources and mobilization. Promotion and protection of women's human rights through the development, implementation and effective enforcement of gender-sensitive policies and legislation. Promotion of reproductive and sexual health as well as reproductive rights of women. Promoting and protecting the human rights of the girl child and young women which include economic and political rights as well as freedom from coercion, discrimination and violence (including harmful practices and sexual exploitation).

Women in Decision Making: Accelerating women's equal participation and representation at all levels of political process and public life in each community and society. Participation of women in Panchayati Raj Institution under 73rd Amendment. Participation of women in Forestry and Environment Programmes and Nasha Mukti Abhiyan.

Women's Centered Policies: Ensuring universal and equitable access to appropriate affordable and quality health care for women throughout their life cycle. Gender perspective in programmes, policies and delivery of services especially in sexual and reproductive health, including family planning.

The examination for this paper/course shall be of three hours duration. Ten questions in all shall be set well spread over the whole syllabus. The candidate shall be required to answer any five questions. All questions carry equal maximum marks.

COURSE – VI

PROJECT REPORT AND VIVA-VOCE

Maximum Marks: 100 Pass Marks : 36

A Project Report has to be prepared by each student of the P.G. Diploma in Women's Development Studies under the supervision of a teacher on any topic related to the themes covered in various courses/papers of the programme. It may be based on review of literature and / or on field study observations.

The Project Report will be evaluated by the Chairman of the course programme, the Supervisor of the student and an external expert and the viva-voce will also be conducted by them jointly. The maximum marks both for writing the Project Report and for viva-vice shall be 100.

POST GRADUATE DIPLOMA IN WOMEN'S DEVELOPMENT STUDIES

Importance of this Diploma:

Women account for one-half of the population in India, but they are neglected and marginalised in the development process of the country. Without considering all segments of the society especially the women population, in the developmental activities and processes, the goal of all-round balanced development of the country cannot be achieved. The government initiatives and interventions for sustainable development will not succeed fully if the planners, implementers, NGOs and others engaged in development programmes are not sensitised and trained in the women's issues and gender perspectives in several areas of the broad field of development. The needs of women and their particular roles in society and the growing complexities of the problems faced by them, are required to be properly understood, analysed and specifically incorporated in the policy design and practice.

Hence, there is a need for strengthening the capabilities of concerned and interested persons by training them in women's development studies so that they could perform their policy making and implementation roles more effectively and rationally. To fill such void in current teaching and research programmes of the University, a specifically designed new diploma course in women's development studies is very essential. But the field of women's development studies is now growing and assuming tremendous importance. There is an ever increasing demand for research and study on special problems of the women. Only few institutions in India are imparting training on one or the other issues and none is in North India. Therefore, there is a need to formulate a special multidisciplinary comprehensive course programme on women's development studies to fill this void. Public higher education system requires that the Universities should be responsive to the emerging needs of the society on a timely basis. Hence, the starting of P.G. Diploma Course in "Women's Development Studies" at the Himachal Pradesh University would be a right step at the right time.

This diploma programme would help in the development promotion, and dissemination of knowledge regarding women's roles in social, economic and political spheres; and thus would shatter the invisibility of women's issues into academic research and action in various forms at various levels. The main aim of the course programme would be to train interested persons for taking up teaching, research and extension work on women's development issues, and to equip them with the requisite expertise so as to be able to design, organise, monitor, and evaluate women's development programmes, and thus would contribute to the programmes of the state and central governments and the non-governmental organisations which are related to bringing out improvements in the women's status and capabilities in various communities.

In order to introduce PG Diploma in Women's Development Studies in the Himachal

Pradesh University the following amendments to the HPU Ordinances are proposed.

Ordinance – 1.1: The subjects as and when started shall be assigned in terms of the First Statutes of the University to various Faculties as follows :

EXISTING	PROPOSED	
1. Philosophy	1. Philosophy	
2. Psychology	2. Psychology	
3. History	3. History	
4. Political Science	4. Political Science	
5. Economics	5. Economics	
6. Geography	6. Geography	
7. Sociology	7. Sociology	
8. Home Science	8. Home Science	
9. Public Administration	9. Public Administration	
10. Yoga	10. Yoga	
11. Journalism & Mass Communication	11. Journalism & Mass Communication	
12. Library & Information Science	12. Library & Information Science	
13. Business Economics	13. Business Economics	
14. Applied History	14. Applied History	
15. Tribal Studies	15. Tribal Studies	
16. Population Studies	16. Population Studies	
17. Human Resource Development	17. Human Resource Development	
18. Development Planning & Evaluation	18. Development Planning & Evaluation	
	19. Women's Development Studies	

Ordinance – 1.3: Degree, Diploma and Certificates.

EXISTING	PROPOSED	
Diploma in Yoga Studies	Diploma in Yoga Studies	
PG Diploma in Population Studies	PG Diploma in Population Studies	
PG Diploma in Tribal Studies	PG Diploma in Tribal Studies	
PG diploma in Human Resource Development	PG diploma in Human Resource Development	
PG Diploma in Development Planning & Evaluation	PG Diploma in Development Planning & Evaluation	
	Women's Development Studies	
Bachelor Degree in Journalism & Mass Communication	Bachelor Degree in Journalism & Mass Communication	
Bachelor of Arts (B.A.)	Bachelor of Arts (B.A.)	
Master of Arts (M.A.)	Master of Arts (M.A.)	
Master of Philosophy (M. Phil.)	Master of Philosophy (M. Phil.)	
Doctor of Philosophy (Ph.D.)	Doctor of Philosophy (Ph.D.)	
Doctor of Literature (D.Lit.)	Doctor of Literature (D.Lit.)	

Ordinance – 1.4 : Minimum qualification prescribed for admission.

Insert following new PG Diploma in Ordinance 1.4 in the end of description of admission eligibility of various courses in FACULTY OF LANGUAGES, PERFOMRING & VISUAL ARTS, AND SOCIAL SCIENCES (on the end of page 12 of the Handbook of Ordinances, Vol. 1 before the eligibility description of B.Sc. in FACULTY OF SCIENCES) :-

EXISTING PROPOSED PG Diploma in Women's Development Studies Nil Minimum qualifications for admission to the PG Diploma in Women's Development Studies of the Faculty of Social Sciences shall be Bachelor's Degree (or its equivalent) from any faculty of a university recognized by the Association of Indian Universities. A candidate who has put a minimum of two years service in any organization or department self government bodies, (government, local non-governmental organizations, etc.) shall be given extra weightage of 5% while preparing the merit list for admission for this diploma course.

PG Diploma in Women's Studies

EXISTING

Nil

PROPOSED

 (i) The duration of PG Diploma in Women's Development Studies shall be of one year spread over two semesters. The examination for this diploma shall consist of a project report and theory papers and their number and syllabus shall be as prescribed by the relevant academic bodies from time to time. The medium of examination shall be English or Hindi.

- (ii) The minimum number of marks required to pass the examination shall be 40% in each paper and the project report. The successful candidates shall be classified in Divisions as under :
 - a) First Division: Those students who obtain 60% of more of the aggregate marks. A candidate obtaining 75% or more of the aggregate marks shall be shown to have passed the examination with distinction.
 - b) Second Division: Those who obtain 50% or more but less than 60% of the aggregate marks.
 - c) Third Division: Those who obtain 40% or more but less than 50% of the aggregate marks.

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Asthana, Pratima. 1974. Women's Movement in India. Delhi : Vikas Publishing House.

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- Bell, N.W. and Vogel. E.F. (eds.). 1968. <u>A Modern Introduction to the Family</u>, New York: The Free Press.
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- de Souza, Alfred, (ed.) 1975. <u>Women in Contemporary India</u>. New Delhi: Manohar Publications.

Delamont, Sara. 1980. The Sociology of Women. London : George Allen & Unwin.

- Desai, Neera and Maithreyi Krishna Raj, (eds.) 1987. <u>Women and Society In India</u>. Delhi: Ajanta Publishers
- Dwyer, Daisy and Judith Bruce, (eds.). 1988. <u>A House Divided: Women and Income in</u> <u>the Third World.</u> Stanford (CA): Stanford University Press.
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- Friedl, Earnestine. 1975. <u>Women and Men: An Anthropologist's View.</u> New York: Holt, Rinchart and Winston.
- Glazer-Malbin, N. and Waehrer, H.Y.(eds.). 1972. <u>Woman in a Man-made World</u> (Chicago: Rand McNally.
- Gore, M.S. 1968. Urbanization and Family Change. Bombay: Popular Prakashan.
- Haralambos, M. and R.M. Heald. 1980. <u>Sociology: Themes and Perspective.</u> New Delhi: Oxford University Press.
- Hooja, S.L. 1969. Dowry System in India : A Case Study. Delhi: Asia Press.
- Huber, Joan A.(ed.). 1973. <u>Changing Women in a Changing Society.</u> Chicago: University of Chicago Press.
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- Lenski, Gerhard E. 1996. <u>Power and Privilege: A Theory of Social Stratification</u>. New York: McGraw Hill.
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Meiss, Maria. 1980. Indian Women and Patriarchy. New Delhi: Concept Publications.

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Mitra, Jyothi. 1997. Women and Society: Equality and Empowerment. New Delhi:

Kanishka Publishers.

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- Pohl, Jan. 1989. Money and Marriage. London: Macmillan.
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- Sandy, Peggy Reeves. 1981. <u>Female Power and Male Dominance: On the Oreigins of</u> <u>Sexual Inequality</u>. Cambridge: Cambridge University Press.
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- Amsden, A.H. (ed.). 1980. <u>The Economics of Women and Work</u>. New York: St. Martin's Press.
- Anant, Suchitra, S.V.R. Rao, and K. Kapur. 1986. <u>Women at Work: A Bibliography</u>. New Delhi: Sage Publications.
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- Maranell, Gary M. (ed.). 1974. <u>Scaling: A Source Book for Behavioral Scientists.</u> Chicago: Aldine.
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