

## DISTINCTIVE FEATURE OF THE INSTITUTION

### **“WE CARE FOR THE COMMUNITIES”**

We are not only conscious in imparting the best education to our students, but equally concerned to serve the community with best possible knowledge and facilities. In Himachal Pradesh University we have few initiatives by which we connect to the local community. Most important of them are health centre to provide basic health care and HPU Model school, for giving an opportunity to access the quality education. This is our effort to give back to the community.

**Health care to the community-** Himachal Pradesh University has a health care centre, located at one corner of the campus with sufficient facility of parking and connectivity. There are total 11 staff members including two doctors, two paramedical Staff and one laboratory attendant in this health centre. One doctor is specialised in Ayurvedic medicine. We are systematically working in improving awareness about Ayurvedic treatment, yoga and meditation by joining our health care centre and Yoga department of Himachal Pradesh University. It was realized at quite early stage that University being a centre of young minds and bodies rarely needs serious health treatments so we focused towards the local communities living nearby which include patients from multiple areas of need. Around 60-65 patients visit the health center every day and this way we serve around 22000 patients annually.

#### **I. Basic Infrastructure available in HPU Health Centre**

- ✓ Functional Landline Telephone
- ✓ Functional Ambulance
- ✓ Clean running water
- ✓ Toilets

#### **II. Basic Equipment**

- ✓ Adult weighing scale
- ✓ Autoclave
- ✓ Blood pressure apparatus
- ✓ Gloves
- ✓ Light source for examination
- ✓ Oxygen concentrators
- ✓ Oxygen cylinders
- ✓ Refrigerator
- ✓ Slides

- ✓ Stethoscope
- ✓ Test tubes
- ✓ Thermometer

### **III. Services Available in HPU Health Centre**

- ✓ Accident and Emergency OPD
- ✓ Basic Diagnostic Laboratory
- ✓ Basic Emergency/ Trauma care
- ✓ Basic facility for administering IV fluids
- ✓ Child Immunization Services
- ✓ Diagnosis or management of non-communicable diseases, such as diabetes, cardiovascular disease, or chronic respiratory disease
- ✓ Diagnosis or treatment of STIs
- ✓ Diagnosis, treatment, follow-up of tuberculosis
- ✓ Medical Store
- ✓ Adolescent Health Services

#### **Our achievements in health care for the communities-**

1. In the health centre we are annually catering more than 22000 patients which include students, employees and majorly the local communities from surrounding villages.
2. We have been encouraging the communities for cleanliness and hygiene and we do organise counselling time to time for the villagers inside and outside our health centre.
3. We are creating awareness about harmful effects of tobacco, alcohol and substance abuse through our health centre.
4. We are promoting use of clean drinking water, nutrition education and counselling to the patients from the nearby villages to improve their quality of life.
5. We are educating communities about the management of acute malnutrition.
6. Through this health centre we have successfully promoted Ayurvedic treatments and leaning of public towards this system of medication has been increased.

## **Education for the communities**

Himachal Pradesh University Model School being run by H.P. University was established in 1992 with the aim of imparting quality education to the kids of surrounding rural areas and inculcate the qualities of good citizens and virtues in them. It has been the incessant, constant and unwavering endeavour of our school to develop the social awareness and burning sense of patriotism in them. Our teaching faculty and students of different departments visit the school regularly to ensure the involvement of and contribution for the betterment of kids availing education in the school. The school specially emphasize on extracurricular activities to ensure the all-round development of the students. These activities include Declamation, Debate, Painting Competition, Fancy Dress, Play, Singing, Dance and Quiz Contest, visits to the places of historical and cultural importance etc.

This high school is affiliated to the Central Board of Secondary Education for the conduct of examinations. There are total 26 rooms including Smart class rooms, Computer lab, Science lab, Library, office and class rooms. The schools also have a big playground. Suitable furniture desk etc. had been purchased for the primary and higher classes and clean drinking water facility is available for students.

The school magazine 'Nanhi Kiran' is published continuously from the year 2010. School magazine provide an opportunity for the students and teachers to improve the learning habits of students in addition to develop the creative skills of the students. The school faculty is well-qualified, trained, efficient and result oriented. At present there are 19 teachers, one Principal, Clerk, Aya and Chowkidar each.

Provision of counselling is provided by the teachers regarding performance in studies, day to day challenges faced by students and to choose their career. Special arrangement is made for girl students to understand the challenges in their day-to-day life that may affect their study perspective. These are also a provision of medical health guidance with the medical officer of Health centre of H.P. University.

## **Our achievements in university model school-**

1. There are around 300 students presently studying in the school which has 23 classrooms including few smart classrooms too.
2. The school is encouraging parents of extremely low-income group and work profile to send their wards to the school so they study and design their future in best possible way.
3. The alumni of this school have reached to higher positions and they have remarkable position in acquiring higher education both in the state and outside the state.
4. The students of this school have notable achievements in sports, cultural activities and social work. We organise cultural and sports competitions frequently so the students get best exposure.

## **CONCLUSION**

### **Additional Information**

Himachal Pradesh University is the affiliating university of Himachal Pradesh and there are more than 300 colleges affiliated with us including nursing colleges, dental colleges and medical colleges. University looks after the affiliation process, inspection of facilities, resources, faculty and finally examinations and declaration of results. University was established long back in 1970 and it has successfully carried out the responsibility to maintain the quality of higher education and encouraging students of the state to move out from far off regions of this tough Himalayan terrain and pursue their studies in post graduate level. The department of Yoga is the first independent department in the country established in 1979 dedicated to Yoga studies only and there are many other disciplines like Management and Law which are providing direct professional education and livelihood to the young students of the state since long. Faculty – society interaction of the university is extremely strong and apart from knowledge sharing, there are several socio cultural areas where the society is getting benefited from the university.

### **Concluding Remarks:**

Himachal Pradesh University is a well-recognised university not only in the state but in the country too. The alumni of this university have reached to the higher positions in the country which reflects the contribution of the university in nation building. We are providing safe environment, open learning atmosphere and best available counselling for our students and providing relaxation in tuition fees for the girls, effective support system to the students with disabilities, lifts and ramps for them and helpful computer software. We are based in a beautiful hilltop of Summer Hill which is surrounded by forests and vegetation still we have focused on additional tree plantation, pollution less campus initiatives, developing green areas and beautifying campus with flowers and fountains to enhance the beauty of the campus to spread happiness. University has tie up with Municipal Corporation of Shimla and State Pollution Board to organise waste and internal system of managing E waste. We frequently invite agencies for green audit, energy audit and environment audit to monitor and control status in all these respective areas. Shimla generally witnesses water scarcity because of excessive influx of tourists during summer season but university has established sufficient water storage provisions to cater students and employees in the campus, hostels and teaching and non-teaching residential blocks. Himachal Pradesh University welcomes students from every part of the country and even the international students also study with us where we ensure inclusive environment with equal opportunities to everyone. There are certain outreach programs which we undertake with the participation of the local communities and organise several skill-based courses to enhance local capabilities and entrepreneurship. We are equally concerned for the communities and serve them through our health centre and high school. There are some less addressed areas University has identified to work in coming years to ensure better academic excellence, student support, placement and social welfare.