

No.1-06/10 HPU (Phy. Edu.)-GEC-2025-26  
HIMACHAL PRADESH UNIVERSITY  
(NAAC ACCREDITED 'A' GRADE UNIVERSITY)  
"DEPARTMENT OF PHYSICAL EDUCATION"  
GYAN PATH, SUMMER HILL, SHIMLA-5

Dated: 13<sup>th</sup> February, 2026

**ADMISSION NOTICE**

With reference to Letter No. 1-10/2026-HPU(DS) dated 07.02.2026, it is hereby submitted that the Department of Physical Education shall be offering the following Generic Elective Course for the academic session 2025-26:


Physical Education				
S.N.	Semester	Name of the Course	Course Code	Availability of Seats
1.	Second	Health and fitness management	MPED-GEC-201/ MAPE-GEC-201	50
2.	Fourth	Yoga and Well-Being	MPED-GEC-401/ MAPE-GEC-401	50

The above-mentioned courses are open to all regular students of the P.G. Centre admitted to various P.G. Programmes or any other Faculty, as permitted by Himachal Pradesh University.

Interested candidates may submit their applications in the office of the Department of Physical Education, Swami Vivekanand Bhawan, H.P. University, Shimla-5, on or before **20-02-2026 up to 04:00 P.M.** The application must be accompanied by a photocopy of the CGPA obtained at the Graduation level and duly recommended by the Chairman/Chairperson of the concerned Department.


**Note:**

1. The total intake for the course(s) shall be limited to **50 students only**.
2. Admission to the Generic Elective Course (GEC) shall be strictly on the basis of CGPA obtained at the Graduation level. A self-attested photocopy of the CGPA must be attached with the application form.
3. Applications received after **20-02-2026 (04:00 P.M.)** shall not be entertained under any circumstances.
4. The application must be duly recommended by the concerned Chairman/Chairperson and must clearly mention the **University P.G. Examination Roll Number and Mobile Number** of the applicant.

  
Chairman, Chairman,  
Department of Physical Education,  
H.P. University, Shimla-5

**Copy to:**

1. All Chairpersons of the Departments of H.P. University, Shimla-5 for further necessary action with the requested to display the same on the notice board for information of the students.

  
Chairman, Chairman,  
Department of Physical Education,  
H.P. University, Shimla-5