

## Time Table of M.P.Ed & M.A. Physical Education 2<sup>nd</sup> Semester & 4<sup>th</sup> Semester and Research Work (2025-2026)

Days	Class/Period	First Period (10.30 AM to 11.30 AM)	Second Period (11.30 AM to 12.30 PM)	Third Period (12.30 PM to 01.30 PM)	Fourth Period (02.00 PM to 04.00 PM)	Fifth Period (04.00 PM to 05.00 PM)
Monday	M.A/M.P.Ed- Sem-II	Sports Biomechanics and Kinesiology: (Prof. Sanjay Sharma)	Applied statistics in Phy. Edu. & Sports: (Dr. Manohar Lal)	Measurements and Evaluation in Physical Education: Practical (Dr. D.S. Patial)	Research Work & Guidance for Ph.D. Students (02.30 PM to 03.30 PM)	Health and Fitness: (Dr. Shamsher Singh)
	M.A/M.P.Ed- Sem-IV	Dissertation work & School Internship (Under the supervision of the concerned supervisor)				
Tuesday	M.A/M.P.Ed- Sem-II	Sports Biomechanics and Kinesiology: (Prof. Sanjay Sharma)	Applied statistics in Phy. Edu. & Sports: (Dr. Manohar Lal)		Research Work & Guidance for Ph.D. Students (02.30 PM to 03.30 PM)	Health and Fitness: (Dr. Shamsher Singh)
	M.A/M.P.Ed- Sem-IV	Dissertation work & School Internship (Under the supervision of the concerned supervisor)				
Wednesday	M.A/M.P.Ed- Sem-II	Sports Biomechanics and Kinesiology: (Prof. Sanjay Sharma)	Applied statistics in Phy. Edu. & Sports: (Dr. Manohar Lal)	Health Education and Sports Nutrition: (Prof. Hari Singh/Dr Anil Kumar) ICT and Enterpreneurship in Phy. Edu. (Dr. Vikrant Bhardwaj/Dr Gaurav)	Research Work & Guidance for Ph.D. Students (02.30 PM to 03.30 PM)	Health and Fitness: (Dr. Shamsher Singh)
	M.A/M.P.Ed- Sem-IV	Dissertation work & School Internship (Under the supervision of the concerned supervisor)				
Thursday	M.A/M.P.Ed- Sem-II	Measurements and Evaluation in Physical Education: (Dr. D.S. Patial)	Health Education and Sports Nutrition: (Prof. Hari Singh/Dr Anil Kumar) ICT and Enterpreneurship in Phy. Edu. (Dr. Vikrant Bhardwaj/Dr Gaurav)	Sports Biomechanics and Kinesiology: Practical (Prof. Sanjay Sharma)	Research Work & Guidance for Ph.D. Students (02.30 PM to 03.30 PM)	Health and Fitness: (Dr. Shamsher Singh)
	M.A/M.P.Ed- Sem-IV	Dissertation work & School Internship (Under the supervision of the concerned supervisor)				
Friday	M.A/M.P.Ed- Sem-II	Measurements and Evaluation in Physical Education: (Dr. D.S. Patial)	Health Education and Sports Nutrition: (Prof. Hari Singh/Dr Anil Kumar) ICT and Enterpreneurship in Phy. Edu. (Dr. Vikrant Bhardwaj/Dr Gaurav)	Applied statistics in Phy. Edu. & Sports: Practical (Dr. Manohar Lal)	Research Work & Guidance for Ph.D. Students (02.30 PM to 03.30 PM)	
	M.A/M.P.Ed- Sem-IV	Dissertation work & School Internship (Under the supervision of the concerned supervisor)				
Saturday	M.A/M.P.Ed- Sem-II	Measurements and Evaluation in Physical Education: (Dr. D.S. Patial)	Mentor mentee Interaction: Dr D.S. Patial: Roll No- 3441 to 3452 Dr. Vikrant; Roll No. -301 to 310 Dr. Gaurav- 311 to 320 Dr. Anil Kumar- 321 to 329		Research Work & Guidance for Ph.D. Students (02.30 PM to 03.30 PM)	Mentor mentee Interaction: Prof. Sanjay Sharma: Roll No- 3428 to 3432 Prof. Hari Singh: Roll No- 3433 to 267 Dr Manohar Lal: Roll No- 268 to 277 Dr Shamsher Singh: Roll No- 278 to 292
	M.A/M.P.Ed- Sem-IV	Dissertation work & School Internship (Under the supervision of the concerned supervisor)				

**Copy to:** 1. The concerned teachers of the Deptt. for information please..  
 2. The Coaches/Asstt Professors, Directorate of Phy. Edu. and Y. P., HPU, Shimla-5  
 3. The Dean of Studies, H.P.U. Shimla-5 for his kind information please.

*M. G. Sharma*  
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 Department of Physical Education

