

HIMACHAL PRADESH UNIVERSITY, SHIMLA - 171005

Department of Yoga Studies
PH.D. COUNSELLING NOTICE

Dated: 27.06.2026

In continuation of the Admission Notice dated 21.05.2026, all applicants who have submitted online applications for admission to the Ph.D. Program (Regular and Part-time modes) in the Department of Yoga Studies are hereby advised to appear for **Counselling and Research Proposal Presentation as per following schedule:**

- **Date and time:** 3rd July 2026 (11:00 AM to 04.00 PM)
- **Venue:** Department of Yoga Studies, H.P. University, Shimla.

Important Instructions for Candidates:

- 1. Provisional Eligibility:** Attending the counselling is not a proof of eligibility. The eligibility of all candidates will be determined at the time of counselling based on the **H.P. University Ph.D. Regulations 2025 (Revised)** and the **Addendum to the Part-time Ph.D. Program 2026**.
- 2. Document Verification:** Candidates must bring printout of online application forms and two passport-size photographs along with original copies and one set of self-attested photocopies of the following documents:
 - a. Post-Graduate (PG), Under-Graduate (UG), 10+2 and matriculation degrees and mark sheets;
 - b. UGC-JRF qualification;
 - c. Category certificates for those seeking relaxation (HP Bonafide/SC/ST/OBC/EWS/PWD).
- d. For Part-time Candidates:** A formal **No Objection Certificate (NOC)** from the current employer as per the prescribed format; and proof of requisite professional/teaching experience (3 to 7 years depending on the category).
- 3. Research Proposal Presentation:** Candidates are required to present their research proposal before the Department Council. The interview/presentation will carry a total of **30 marks**, with the following split-up:
 - a. **Research Proposal:** 5 Marks
 - b. **Presentation of Research Proposal:** 5 Marks
 - c. **Defence of the Proposal:** 5 Marks

Note: Remaining marks are awarded based on NET/JRF/equivalent qualifications and academic/professional records as per the regulations.

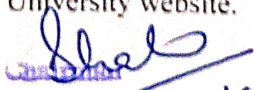
- 4. Evaluation Criteria:** The Department Council will assess candidates based on their competence for the proposed research, the suitability of the research to be undertaken at the University, and the potential of the proposed area to contribute new/additional knowledge.

Failure to produce the required eligibility documents (especially the NET qualification certificate or the NOC for part-time candidates) at the time of counselling will result in the immediate disqualification of the candidate.

- 5. Further Information:** Candidates are advised to regularly visit the University website for updates and further instructions. The Department office may be contacted during the regular working hours for any clarification.

Copy to:

1. The Dean of Studies, H.P. University, Shimla, for kind information.
2. The Web Admin, H.P. University, with a request to upload this notice on the University website.


Chairman
Dept. of Yoga
H.P.U., SHIMLA-
27/6/2026