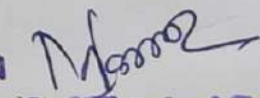


HIMACHAL PRADESH UNIVERSITY, SHIMLA
DEPARTMENT OF PHYSICAL EDUCATION

Time Table of M.P.Ed & M.A. Physical Education 1st Sem & 3rd Sem and Ph.D Research Work (2026-2027) w.e.f. 27.07.2026					
Days	Class/Period	First Period (10.30 AM to 11.30 AM)	Second Period (11.30 AM to 12.30 PM)	Third Period (12.30 PM to 01.30 PM)	Research Work & Guidance for Ph.D. Students (02.30 PM to 03.30 PM)
Monday	M.A/M.P.Ed- Sem-I	Sports Management and Curriculum Design in Physical Education: (Dr. Shamsher Singh)	Research Process in Physical Education and Sports: (Dr. Manohar Lal)	Sports Technology and Engineering: (Dr. Vikrant Bhardwaj) Yogic Science and value education: (Guest Teacher)	All Regular faculty members
	M.A/M.P.Ed- Sem-III	Sports Medicine and Athletes Care: (Prof. Sanjay Sharma)	Sports Psychology: (Prof. Hari Singh)	Professional Preparation in Physical Education (Dr. Deepak Singh Patial)	
Tuesday	M.A/M.P.Ed- Sem-I	Sports Management and Curriculum Design in Physical Education: (Dr. Shamsher Singh)	Research Process in Physical Education and Sports: (Dr. Manohar Lal)	Sports Technology and Engineering: (Dr. Vikrant Bhardwaj) Yogic Science and value education: (Guest Teacher)	All Regular faculty members
	M.A/M.P.Ed- Sem-III	Sports Medicine and Athletes Care: (Prof. Sanjay Sharma)	Sports Psychology: (Prof. Hari Singh)	Professional Preparation in Physical Education (Dr. Deepak Singh Patial)	
Wednesday	M.A/M.P.Ed- Sem-I	Sports Management and Curriculum Design in Physical Education: (Dr. Shamsher Singh)	Research Process in Physical Education and Sports: (Dr. Manohar Lal)	Sports Technology and Engineering: (Dr. Vikrant Bhardwaj) Yogic Science and value education: (Guest Teacher)	All Regular faculty members
	M.A/M.P.Ed- Sem-III	Sports Medicine and Athletes Care: (Prof. Sanjay Sharma)	Sports Psychology (Prof. Hari Singh)	Sports Journalism and Mass Media: (Dr. Gaurav) Gender, Disability and Inclusive Sports Education: (Dr Anil Kumar)	
Thursday	M.A/M.P.Ed- Sem-I	Educational Technology and Pedagogical Techniques in Phy. Edu.: (Dr. Deepak Singh Patial)	Physiology of Exercise: (Prof. Sanjay Sharma)	Physiology of Exercise: Practical (Prof. Sanjay Sharma)	All Regular faculty members
	M.A/M.P.Ed- Sem-III	Professional Preparation in Physical Education: (Dr. Manohar Lal)	Sports Training: (Dr. Shamsher Singh)	Sports Journalism and Mass Media: (Dr. Gaurav) Gender, Disability and Inclusive Sports Education: (Dr Anil Kumar)	
Friday	M.A/M.P.Ed- Sem-I	Educational Technology and Pedagogical Techniques in Phy. Edu.: (Dr. Deepak Singh Patial)	Physiology of Exercise: (Prof. Sanjay Sharma)	-	All Regular faculty members
	M.A/M.P.Ed- Sem-III	Professional Preparation in Physical Education: (Dr. Manohar Lal)	Sports Training: (Dr. Shamsher Singh)	Sports Journalism and Mass Media: (Dr. Gaurav) Gender, Disability and Inclusive Sports Education: (Dr Anil Kumar)	
Saturday	M.A/M.P.Ed- Sem-I	Educational Technology and Pedagogical Techniques in Phy. Edu.: (Dr. Deepak Singh Patial)	Physiology of Exercise: (Prof. Sanjay Sharma)	-	Mentor mentee Interaction Dr. Vikrant Bhardwaj Dr. Gaurav Dr Anil Kumar
	M.A/M.P.Ed- Sem-III	Sports Medicine and Athletes Care: Practical (Prof. Sanjay Sharma)	Sports Training: (Dr. Shamsher Singh)	Sports Psychology: Practical (Prof. Hari Singh)	Mentor mentee Interaction Prof. Hari Singh Dr. Shamsher Singh Dr. Deepak Singh Patial

Copy forwarded for information and necessary action please:

1. The Dean of Studies, H.P University Shimla.
2. All Teachers of Department of Physical Education H.P University Shimla.
3. All Coaches/Assistant Professors of Directorate of Physical Education & Youth Program.
4. Guest Teachers.

Chairman 
Department of Physical Education Shimla-5
H.P. University, Shimla-171005