



**HIMACHAL PRADESH UNIVERSITY
DEPARTMENT OF SOCIOLOGY & SOCIAL WORK
SYLLABUS FOR Pre-Ph.D. IN SOCIAL WORK**

Maximum marks: 100

Time: 3 Hours

SOCIAL WORK RESEARCH
(PhD SW-I)

Note: The question papers shall contain 8 questions in all i.e. 2 questions from each unit. The students shall be required to answer 4 questions selecting at least one question from each unit. All questions carry equal marks. (Theory Paper: 80 marks, Term Paper: 20 marks)

Unit –I: An Introduction to Social Work Research

Social Work Research- Concept, Objectives, Steps, Types and Scope; Theory and Research; Theory and Fact; Hypothesis; Problems of Generalization; Reasoning- Inductive and Deductive; Problem of Objectivity in Social Research; Reliability and Validity in Social Work Research; Ethics in Social Work Research

Unit – II: Research Design and Data Collection

Research Design- Meaning, Importance and Types (Exploratory, Descriptive, and Experimental)
Sampling- Meaning, Importance and Types; Methods of Data Collection- Survey, Observation, Interview, Questionnaire, Interview Schedule and Case Study; Scaling Techniques – Likert, Thurstone and Bogardus

Unit –III: Statistics in Social Research Design

Statistics- Meaning, Importance, and Scope; Measures of Central Tendency- Mean, Median and Mode; Measures of Dispersion- Quartile, Mean and Standard Deviation; Correlation and Regression Analysis; Test of Significance- T-Test, Chi-Square, ANOVA; Testing of Hypothesis

Unit – IV Data Analysis and Report Writing

Coding Editing, Classification, Tabulation; Interpretation and Analysis of Data; Diagrammatic and Graphical Presentation of Data; Computer of Application- MS Office and SPSS for data analysis
Steps in Writing a Research Report; Bibliography, References and Footnote

Recommended Readings:

- Ahuja, Ram (2001) Research Methods, Jaipur : Rawat
- Alston, M. Bocoles, W. (Indian Edition 2003) Research for Social Workers-An Introduction to Methods, Jaipur : Rawat
- Bajpai, SR: Methods of Social Survey and Research (Kitab Ghar,Kanpur1999)
- Coolidge, Frederick: Statistics: A Gentle Introduction (Sage Publication, New Delhi 2000)
- Gupta CB: An Introduction to statistical Methods (Ram Prasad and Sons , Agra 1980)
- Grinell, Richard M. (Jr.) (1988) Social Work Research and Evaluation, Illinois F. E. Peacock Pub. Inc.
- Kothari, C. R. (2004 2nd edition reprint) Research Methodology: Methods & Techniques, New Delhi, New Age International
- Mark, Sirkin R. (1995). Statistics for the Social Sciences. London: Sage Publications.
- Norman, R.Kurtz (1985). Introduction to Social Statistics. London: McGraw Hill Book Company
- Ramchandran P: Issues in Social work research in India (Tata Institute of Social Sciences, New Delhi 1990)
- Sharma, K. R. (2002) Research Methodology, Jaipur : National Publishing House
- Wilkinson, T.S. & Bhandarkar, P. L. (1984) Methodology and Techniques of Social Research, Bombay: Himalaya
- Young, Pauline (Asian students edition 1960) Scientific Social Surveys and Research, Japan: Asia Publishing House



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SOCIAL WORK PROFESSION

(PhD SW-II)

Note: The question papers shall contain 8 questions in all i.e. 2 questions from each unit. The students shall be required to answer 4 questions selecting at least one question from each unit. All questions carry equal marks. (Theory Paper: 80 marks, Term Paper: 20 marks)

Unit –I: Professional Social Work

Social Work as a Profession; Ethics in Social Work Practice; Evolution of Social work profession; Historical Development of Social Work Education and Practice in West and India; Professionalization of Social Work in India; Challenges to Professional Social Work; Professional associations of Social Work-International, National and Regional

Unit-II Social Work Practice

Evolution of Social Work Practice; Introduction to Methods of Social Work; Social Work Intervention - Concept, Level and Steps; Traditional and Contemporary Challenges to Social Work Practice in different settings

Unit –III: Approaches and Models of Social Work Practice:

Approaches: System, Evidence-Based, Strength Perspective, Radical Social Work, Task-Centered and Problem-Based

Models: Problem-Solving, Crisis-Intervention, Cognitive Behavior, Psycho-Social, Therapeutic and Developmental

Unit –IV: Fields of Social Work Practice:

Application of social work in different settings: Industrial settings; Corporate Social Responsibility (CSR); Correctional settings; Medical and Psychiatric settings; Rural and urban development settings; Family and Child welfare; Youth welfare; Women welfare and Welfare of the Persons with Disabilities; Emerging areas of Social Work: Environmental Protection, Pandemic and Epidemic Situations; Disaster management; Gerontological Social Work and Human Rights

Recommended Readings:

- Banks, S: Ethics and Values in Social Work (Macmillan Press Ltd, London-1995)
- Bhattacharya, Integrated Approach to Social Work in India, Jaipur: Raj Publishing House
- Bradford, W. Sheafor, Charles, R. Horejsi, Gloria A. - Fourth Edition (1997) Techniques and Guidelines for Social Work, London: Allyn and Bacon, A Viacom Company
- Dasgupta, Sugata (1964) Towards a Philosophy of Social Work in India, New Delhi: Popular Book Services.
- Dash, B.M. (2017).Relevance of Hinduism in Social Work Education.<http://www.newdelhitimes.com/relevance-of-hinduism-in-social-work-education/>
- Dash, B.M. & Roy, S. (2016). Field work Practice in social work Education,New Delhi, Atlantic Publisher, ISSN. 2016.
- Desai M: Curriculum Development on History of Ideologies for Social Change and Social Work, TISS Mumbai-2002)
- Encyclopedia of Social Work, Vol, 1&2 (2010). Ministry of Welfare, New Delhi
- Friedlander, WA: Introduction to Social welfare (New York Prentice Hall, 1959)
- Friedlander, W.A. (2010) Concepts and Methods of Social Work,Englewood Cliffs: Prentice-Hall.
- Gore, M. S. (1965) Social Work and Social Work Education, P. S. Jayasinghe, Bombay : Asia Publiation House
- Joseph, J & Gracie, Fernandez(Ed), 2006 An Enquiry into Ethical Dilemmas in Social Work. Research Unit, Nirmala Nikatan, Mumbai
- Singh, R.R. (1985) Field Work in Social Work Education, A Perspective for Human Service Profession, New Delhi: Concept Publishing Company
- Surendra Singh (Chief Editor): Encyclopedia of Social work in India: New Royal Book Company, Lucknow,2012)
- Wadia, A. R. (Ed.) (1961) History and Philosophy of Social Work in India, Bombay: II Allied Publisher Private Ltd.



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SOCIAL WORK PRACTICE IN MENTAL HEALTH SETTINGS
(PhD SW-III)

Note: The question papers shall contain 8 questions in all i.e. 2 questions from each unit. The students shall be required to answer 4 questions selecting at least one question from each unit. All questions carry equal marks. (Theory Paper: 80 marks, Term Paper: 20 marks)

Unit –I Medical Social Worker

Concept, Nature, Scope of Medical Social Work; Evolution of Medical Social Work; Concept of Health and Illness; Concept of Patient as a Person; Health and Social Justice; Concept of Community Based Rehabilitation (CBR); Role of Medical Social Worker in Preventive, Curative and Rehabilitative Services

Unit-II Mental Health and Illness

Mental Health, Psychopathology and Psychiatry- Concept and Scope; Normal and Abnormal Behaviors; Mental Retardation- Causes, Types, Management, Prevention and Rehabilitation; Biological, Psychological and Sociological Approaches to Mental Illness; Classifications of Mental and Behavioral Disorders- Diagnostic and Statistical Manual of Mental Disorders (DSM) International Classification of Diseases Systems (ICD)

Unit – III Mental and Behavior Disorders

Etiology of Mental Disorders; Psychotic Disorders- Schizophrenia; Psychoneurotic Reactions- Anxiety Disorders, Obsessive Compulsion Reactions, Phobic Reactions, Alzheimer's Disease; Mood Disorders and Personality Disorders; Paranoid Reactions, - Symptoms and Treatment; Somatoform Disorders - Hysteria, Hypochondriasis, Pain Disorders – Causes, Types, Symptoms and Treatment

Unit – IV Mental Healthcare Services, Policy and Programmes

Mental Healthcare Scenario in India; District and National Mental Health Programme; Mental Healthcare Act-2017; Community Mental Health- Primary Mental Healthcare, Community Initiatives and Deinstitutionalization of Psychiatric Services; Social Work Applications in Mental Health- Community Organization in Mental Health and Preventive and Innovative Approaches

Recommended Readings:

- Park J.E. and Park 1991 -Text Book of Preventive and Social Medicine. Jabalpur: Banarsi Das.
- Suchman, E.H. Sociology in the Field of Public Health.
- Leavell, H.R. and Clark, E.G. –Preventive Medicine for the Doctor in community.
- Smolenske, J. And Hear, F.B.-Principles of Community Health.
- Government of India-Annual Report-Ministry of Health and Family Welfare.
- Smith, .O.C.-Community Health.
- Singh, Surendra and Misra, P.D. Health and Diseases: Dynamics and Dimensions.
- Misra, P.D. and Misra, Beena-nature Cure: Philosophy and Methods.
- Mahajan, B.K. : The Text Book of Social & Preventive Medicine.
- Singh, Surendra and P. D. Misra,: Health and Diseases: Dynamics and Dimensions.
- Coleman, J.C. : Abnormal Psychology & Modern Life.
- Jum C. & Nunnally J.R. : Popular Conception of Mental Health: Development and Changes.
- Goldstein, D.: Expanding Horizons in Medical Social work.
- Goldstein, D.: Readings in the Theory & Practice in Medical Social work.
- Hollis, Florence (1964) Casework: A Psychosocial Theory, Random House, Toronto
- Jobise C. Johnson (2001). Social Work Practice, Allign and Bacon, London
- Kadushin, Alfred (1990) The Social Work Interview, New York :Columbia University Press
- Louise C. Johnson (1998) Social Work Practice A Genesolist
- Mathew, G 1993, An Introduction to Social Case Work, TISS, Mumbai.
- Pearlman, H,H, 1957 Social Case Work: A problem Solving Process, Chicago University Press, Chicago.
- Rameshwari Devi, Ravi Prakash (2004) Social Work Methods, Practice and Perspective (Models of Casework Practice), Vol.II, Ch.3, Mangal Deep Publication, Jaipur.
- Richmond, Mary (1970) Social Diagnosis, New York : Free Press



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POPULATION STUDIES AND SOCIAL WORK
(PhD SW-IV)

Note: The question papers shall contain 8 questions in all i.e. 2 questions from each unit. The students shall be required to answer 4 questions selecting at least one question from each unit. All questions carry equal marks. (Theory Paper: 80 marks, Term Paper: 20 marks)

- Unit –I Social Demography:**
Social Demography- Concept, nature, scope and importance; Theories of Population- Malthusian Theory, Optimum Theory and Demographic Transition Theory; Demography and Social work
- Unit-II Population Dynamics:**
Population Processes- Fertility; Mortality and Migration; Population Growth and Economic Development, Poverty, Environmental Degradation and issues of Sustainable Development
- Unit – III Population and Society:**
Demographic Data- Sources of demographic data and its significance for Social work research; Population structures in terms of Age, Sex, Rural-Urban, Occupation, Education, Ethnicity, Religion and Linguistic basis.
- Unit – IV Population Policy and Programme:**
National Population Policy; Family Planning Programme; Health Policy; Reproductive and Child Health Care; Elderly and Women Care; Population Explosion; Methods of Population control; and Role of Social work in Population Education

Recommended Readings:

- Bose Asish- Demographic of India (1991)- Delhi B.R. Publishing Corporation.
- Bose Asish&Premi M.K. (Edt.) “ Population Transtion in South Asia” – (1992
- Bhende, A. &Kanitkar, T. (1995). Principles of Population Studies. Mumbai, Himalaya Publishing House.
- Davis, K. and Bernstans (1991). Resources, Environment and Population. New York, Oxford University Press.
- Dr. Hansraj Funamentals of Demography- with spaecial reference to India Surjeet Publication, 7K, Kolhapur Road, Kamalanagar, Delhi-110 001
- Kaistha& Sharma (edt.) “Population spatial mobility &envirnment.
- PremiRamanamma&Bambavala- Social Demography in India.
- Prother, R.M. and Chapman, Murray (eds.) (1985). Circulation in Third World Countries. London, Routledge and Kegan Paul.
- Rao, M. (2004). From Population Control to Reproductive Health: Malthusian Arithmetic. New Delhi, Sage Publications
- Sen, G. et. al. (1994). Population Policies Reconsidered: Health, Empowerment and Rights. Boston, Harvard School of Public Health.
- Srivatava O.S.-“ Demography& Population Studies” (1994) Vikas Publishing Hosue (New Delhi)