

# **Syllabus**

## **M.A. in Social Work**

**Department of Sociology**  
**Faculty of Social Sciences**  
**H.P. University, Shimla-171005.**  
**Department of Sociology**  
**Faculty of Social Sciences**  
**M.A. in Social Work**

### **About the Course:**

- 1. The Course of study leading to Master of Arts in Social Work (M.A. in Social Work), Degree of Himachal Pradesh University, Shimla shall be conducted in the Department of Sociology and shall be of two years duration divided equally into 4 semesters.**
- 2. The objective of the course is to impart knowledge, develop skills and create attitudes and behaviour patterns conducive for effective provision of social and welfare services.**
- 3. The total number of seats shall be 20.**
- 4. The social work course involves considerable expenditure on training of the students. To conduct the course in a professional manner with high quality/standard, the fee for the general students admitted to the course would be as per the University rules. In addition to this each student would be required to pay Rs.5000.00 per semester for Fieldwork, study tour, material and computer etc.**
- 5. Every student in each semester shall be required to study three theory papers in the first three semesters. In the Fourth Semester there shall be 2 papers and a dissertation. Along with every student shall be required to do concurrent Fieldwork for two days in a week and prepare a record based on his/her work in the organization, institution, community setting and the development project. The student will submit the report in the department each week. The Field placement/practicum shall be carried out under the supervision of the Faculty and for that purpose the individual conference of one hour duration every week for each student will be held under the supervision of the Faculty. Besides the concurrent field work there will be Block Placement of each student for 6 weeks' duration during the vacation in both the years. Each student will be required to submit a detailed report of the work done during the block placement..**
- 6. At the end of each semester every student shall be required to qualify written examination in each paper. The question paper will consist of 8 questions, divided into 4 units. Every student shall be required to attempt 4 questions by selecting 1**

question from each unit. Maximum marks for each paper will be 100. The system of evaluation will be external only.

7. The admission to the course will be done through Entrance Test and the selection will be done on the basis of marks obtained in the entrance test.
8. The eligibility requirement for M. A. in Social Work shall be Bachelor's Degree in any stream (Arts, Science and Commerce) from any recognized University and as prescribed by in the University Handbook of Information. The reservation criteria and other weight age will be as per the prevailing rules and regulations of the University notified from time to time. The candidates will however be required to produce the proof of their having passed the graduate examination with required percentage of marks before the last date of admission as fixed for the candidate by the admission committee of the Department, failing which their candidature will stand cancelled. The reservation of seats and weightage shall be as per the University rules.

### Course Structure

Master of Arts in Social Work will comprise of four semesters, spread over two years and 12 courses, that is, three courses in each semester. The details are given below:

Semester	Course No.	Course Title	Marks
I	1.	Social Work: Theory and Practice	100
	2.	Social Work Research and Statistics	100
	3.	Sociology for Social Workers	100
II	4.	Dynamics of Personality and Human Behaviour	100
	5.	Ecology, Environment and Social Work	100
	6.	Social Policy and Social Welfare Administration	100
III	7.	Dynamics of Development	100
	8.	Contemporary Social Problems	100
	9.	Criminology and Corrections	100
IV	10.	Community Health and Social Work	100
	11.	Population Dynamics and Gender Issues	100
	12.	Dissertation (75+25 Viva-Voce)	100
Schedule of Field Work		Concurrent Field Work Evaluation at the end 2 <sup>nd</sup> Semester: Exposure Visits to different settings, Orientation Workshops in the Field	100
		Concurrent Field Work Evaluation at the end of 4 <sup>th</sup> Semester: Oragnization of Extension Activities in the Rural, Tribal and Urban Areas; Community Work	100
Study Tour		Compulsory for all the students each year: Urban, Rural and Tribal Innovative Projects will be undertaken during the study tour.	

**SEMESTER I**

**Course I: Social Work: Theory and Practice**

**Time: 3 Hours**

**Marks: 100**

- Unit 1: History of Social Work: Historical Development of Social Work and Social Work Education in India: Ancient, Medieval and Modern, History of Social Work in the United Kingdom and USA.**
- Unit 2: Social Work: Meaning, Objectives and Scope of Social Work; Philosophy of Social Work as a profession in India; Roles and functions of social work.**
- Unit 3: Social Case Work: Meaning, scope, components, processes and client-worker relationship; Social Group Work- meaning, objectives, principles, skills and role of Social Group Worker; Community Organization-meaning, objectives, principles and Role of Community Organizer.**
- Unit 4: Indian Social Values and Social Work: Social Reform Movements in India- Arya Samaj, Brahmo Samaj and uplift of Dalits; Ideology of Indian Constitution, Voluntary action and voluntary Organization, Role of Voluntary Organizations and emerging trends.**

**List of Basic Readings**

- 1. Govt. of India: Encyclopaedia of Social work in India.**
- 2. Brager, G. & Spechet, H.: Practice of Community Organization.**
- 3. Gangrade, K.D.: Community Organization in India.**
- 4. Goldstein, Howard: Social Work Practice : A Uanitary Approach.**

5. **Murphy, C.G.: Community Organization.**
6. **Parson, R.J. & Jorgenson, J.D.: The Integration of Social Work Practice.**
7. **Perlman, H.: Social Case Work: A Problem Solving Process.**
8. **Siddiqui, H.Y.: Working with Communities: An Introduction to Community Work.**
9. **Timms. N.: Social Case Work- Principles and Practice.**
10. **Trecker, H.B.: Social Group Work: Principles and Practice.**

## **Course II: Social Work Research and Statistics**

**Time: 3 Hours**

**Marks 100**

- Unit1:**           **Research Procedures: Social Research-Meanings, steps in Research; Hypothesis: Definition, Types and Sources; Research Design: Meaning and Types; Method of Data Collection: Survey, participant observation, Questionnaire and Schedule, Interview and case study; Scaling Techniques; Problems of Measurement of Social Phenomenon, Sampling, Analysis and interpretation of data and report writing.**
- Unit 2:**           **Social Statistics: Meaning and significance, Variables: meaning Discrete and continuous, Qualitative & Quantitative; Sources of Data-Primary & Secondary; Classification, Coding and Tabulation of data, Presentation of Data-Graphs, Charts, Diagrams, Sources of Statistical data in India.**
- Unit 3:**           **Statistical Measures: Measures of Central Tendency: Mean, Median, Mode; Measures of Variability: Mean Deviation, Standard Deviation; Correlation-Product Moment Correlation (ungrouped and grouped data), Spearman's rank correlation; Simple Regression; Test of Significance -'t' test and Chi-square test.**
- Unit 4:**           **Computer Applications in Social Sciences: Definition of Computer- Types of Computer, Anatomy of Computer, Brief History of Computer, Computer generations, Spread Sheets, Statistical Package, Word – Processors and RDBM.**

### **List of Basic Readings**

1. **Dhesnadayalu, R.: Computer Sciences, Vol. 1, New Delhi: Tata Mc-Graw Hill Publishing Company-**

2. **Goode, W. & P. Hatt: Methods in Social Research, New York: Mc-Graw Hill.**
3. **Karlinger, F. N.: Foundation of Behaviour Research, New York, Rine Hart and Winson.**
4. **Tabsnbaum, Robert, S.: Computing in the Humanities and Social Sciences, Vol. I, Fundamentals, Rockville, Maryland Computer Sciences Press.**
5. **Gupta, S.P.: Statistical Methods, New Delhi: Sultan Chand & Sons, Publisher.**
6. **Bailey, Kenneth D.: Methods of Social Research.**
7. **Blalock, H.M. & A. M. Blalock,: Methodology in Social Research.**
8. **Cohen, Lilian : Statistical Methods of Sociall Sciences.**
9. **Festinger and Kartz: Research Methods in the Behavioural Sciences.**
10. **Galtung, J.: Theory and Methods in Social Research.**
11. **Young, P.V.: Scientific Social Surveys and Research.**
12. **Hyman, H.: Survey Design and Analysis.**
13. **Croxtton and Cowden: Applied General Statistics.**
14. **Moser, A.S.: Survey Methods in social Investigation.**
15. **Parten: Survey, Polls and Samples.**
16. **Ghosh and Chaturvedi: Theory and Practice.**
17. **MacMillan : Statistical Methods of Social Work.**
18. **Polansky, N.A.: Social Work Research.**
19. **Mueller and Schuessler: Statistical Reasoning in Sociology.**
20. **Ramachandran, P.: Issues in Social Work Research in India.**
21. **Jahoda, D. and Cook. : Research Methods in Social Relations.**
22. **Yin, Robert, K.: Case Study Research: Design and Methods.**

### **Course III: Sociology for Social Workers**

- Unit 1: Study of Society: Meaning, Significance, Nature and Scope of Sociology and its Relationship with Social Work and other social sciences, Society as a System of Relationship; Socialization: process, mechanism and agencies; Basic Social Concepts: community, association, institution, organization, social structure, and culture.**
- Unit 2: Basic Concepts of Community, Association and Institution; society: Social Stratification- Meaning Class and caste divisions; Indian Social institutions; Marriage, Family and Kinship State, Law and Religion;**

**Social Groups- Primary, Secondary and reference group; Types of Societies-Rural, Urban and Tribal; Social change : Concept, Factors, Process-westernization modernization, sanskritization, and Theories; Social Control : Concept, Forms and Agencies.**

**Unit 3: Role of Political institutions in Society: Concepts of rights, liberty, justice, equality, power and authority; Concept of Welfare State; Directive Principles of State Policy.**

**Unit 4: Theories of Society: Significance a theoretical understanding of social, Evolutionary, Structuralism and Functionalism, Conflict theory, Social Action – theory of social action.**

#### **List of Basic Readings**

1. Alexander, Jeffrey C. 1987. *Twenty lectures: Sociological theory since world war* New York: Columbia University Press.
2. Collins, Randall. 1997 (Indian edition). *Sociological theory*. Jaipur and New Delhi: Rawat.
3. Ritzer, GeorGe. 1992 (3rd edition). *Sociological theory*. New York: McGraw-Hill.
4. Sturrock, John (ad.), 1979. *Structuralism and since: From Levi Strauss to Derrida*. Oxford Oxford University Press.
5. Turner, Jonathan H. 1995 (4th edition). *The structure of sociological theory*. Jaipur and New Delhi: Rawat.
6. Zeitlin, Irving M. 1998 (Indian edition). *Rethinking sociology., A critique of contemporary theory*. Jaipur and New Delhi: Rawat.
7. Bottomore, T.B. - *Sociology: A guide to Problems and Literature*, London : George Allen and Unwin
8. Day, P.R. *Sociology in Social Work Practice*, London: MacMillan
9. Dube, S.C. *Indian Village*, London. Routledge and Kegan Paul.
10. Furer-Haimedarf, C.V. *Tribes of India: The struggle of Survival*, Delhi: Oxford University
11. Kapadia, K.M.: *Marriage and Family ill India*, Bombay, OUP.
12. Srinivas, M.N.: *Social Change in Modern India*, Bombay : Allied Publishers.
13. Maclver, R.M. and C.H. Page: *Society: Ali Introductory Analysis*, Madras: Mac Millan India, Ltd.

14. **Majumdar, D.N.: Races & Cultures of India, Bombay, Asia Publisher Ltd.**
15. **Davis, K.: Human Society.**
16. **Merton : Social theory & Social Structure**
17. **Prabhu, P. N. : Hindu Social Organization**
18. **Sharma, S.R. : Basic Concepts of Sociology (The Hindu View)**
19. **Sinha, Raghuvir : Social Change in Indian Society**
20. **Sorokin, P. K.: Contemporary Sociological Theories**
21. **Singh, Yogendra: Modernization of Indian Traditions**

## **SEMESTER II**

### **Course IV: Dynamics of Personality and Human Behaviour**

- Unit 1:** Personality: Concept, Stages of Development with Special Reference to Indian Concept of Life Span, Types, Determinants: Heredity and Environment, Theories of Personality: Sigmund Freud, Carl Jung, Alfred Adler, Caren Harney, Sullivan, Otto Rank, Eric H. Erikson and Maslow.
- Unit 2:** Basic Socio-psychological Processes: Sensation, Perception, Attribution, Learning and Socialization; Motivation, Attitudes, Beliefs, Prejudices, Steriotypes.
- Unit 3:** Human Behaviour: Concept, Determinants and Reflectors, Behavioural Problems in Different Stages of Personality Development; Adjustment : Concept, Characteristics, Factors; Leadership: Concept, Types and functions.
- Unit 4:** Concept of Normalcy and Abnormalcy, Defense Mechanisms, Etiology of Abnormal Behavior; Symptoms of Abnormal Behaviour Types of Abnormal Behavior: Psychosis and Psycho-neurosis, Management of Mental Disorders.

### **List of Basic Readings**

1. **Baites, P.B. : Life Span Development and Behavior**
2. **Coleman : Abnormal Psychology**
3. **Halls, G.S. & Lindzey, G. : Theories of Personality**
4. **Johnson R.C. & Medines, G.R. : Child Psychology, Behavior and Development**
5. **Kretch & Crutchfield : Individual and Society.**

6. Kretch and Crutchfield : theory and problems of Social Psychology.
7. Loiwe, C.M. : Abnormal Psychology.
8. Page : Abnormal Psychology.
9. Qamar, Hasan : Applied Psychology – Indian Perspective.
10. Szasz, Thomas : The Myth of Mental Illness.

#### **Course V: Ecology, Environment and Social Work**

- Unit 1:** The Concepts and Perspectives: Ecology, Environment and Society- their linkages; History of Man, Environment- Environment and Society; Changing patterns- from survival needs to emerging consumerism, Energy intensive Life-styles; Perspective on environment- Marxist, Techno-centrist and Functional; Indian thought and Environment-traditional and Gandhian
- Unit 2:** Development Processes and Environment: Technology, Industrialization, Urbanization and Globalization- their impact on Environment; Commercialization of Agriculture, changing land use patterns and the rural society; Construction of Dams and its consequences- displacement, relocation and rehabilitation; Deforestation and Ecological Imbalance.
- Unit 3:** Environmental Issues and Consciousness: Environment degradation and pollution of Natural Resources- Air, Soil, Water, Population, Sanitation, Housing, Encroachments over Common Property Resources, Energy crisis and Rural Poverty; Environment Consciousness- NGOs, Social Workers and Ecological Movements (Global level, Ppeople’s initiatives to save their environment- Chipko Movement, Save forests movement, Mitti Bachao Andolan, Movements against big dams-Narmada and Tehri, Eco farming-natural farming efforts), Forestation programmes and policies.
- Unit 4:** Environment Action and Management: State and the Environment preservation, Rio Summit and its implications, Government Policies and programmes, Environmental Legislation- needs and importance; Grassroots Organization, Women and Conservation of Environment; Panchyats and Environment; Environment Management: Role of Traditional, State controlled, people controlled and jointly managed systems; and Waste Management.

#### **List of Basic Readings**

1. Arnold, David and Ramchandra Guha (eds.), *Nature, Culture, Imperialism; Essays on the Environmental History of South Asia*, Delhi, OUP, 199.

2. Centre or Science and Environment, *The State of India's Environment: the Citizens Reports Vol. I-IV*, New Delhi.
3. Chopra Ravi, *natural Bounty-Artificial scarcity*, Peoples Science Institute (PSI), Dehradun.
4. Dansereau, Pierre, *The Human Predicament 1. The Dimensions of Environmental quality in Human Ecology in the Common Wealth Proceedings of the First Common Wealth Conference on Development and Human Ecology*, Malta 18-24, London, Charles Knight and Co. Ltd. P.1.
5. Dogra B, *Forests and People*, 1980.
6. Fukoka, *One Straw Revolution*.
7. Gadgil Madhav, *Ecology*, Penguin Books, New Delhi.
8. Gadgil, Madhav and Ramchandra Guha, *This fissured Land: An ecological History of India*, Delhi, OUP, 1994.
9. Gadgil, Madhav and Ramchandra Guha, *Ecology and Equity; the use and Abuse of Nature in Contemporary India*, Penguin, Delhi, 1995.
10. Goldsmith, E. And Hildyard, N. (ed.) *the Social and Environmental Effects of Large Dams; Vol. I-III (Overview, Case studies and Bibliography)*, Wadebridge Ecological Centre U.K.
11. Guha Ramchandra, *The Unquiet woods, Ecological Change and Peasant Resistance in the Himalayas*, Delhi: OUP, 1991.
12. Hermath S.R. Krishnan B.J., *All about Convention on Biological Diversity (CBD)*.
13. Kothari, Ashish, Meera, *People and Protected Areas;*
14. *Krishna, Sumi, Environmental Politics; Peoples lives and Developmental Choices*, Delhi, Sage, 1996.
15. Mishra Anupam, *Aaj bhi Khare hain Talab (in Hindi)*, Gandhi Peace foundation, New Delhi.
16. Mrs Maria and Shiva Vandana, *eco-feminism*, Delhi, 1993.
17. Owen, D.F., *What is Ecology*, Oxford University Press Oxford, 1980.
18. Paranjape Vijay, Samaj Parvartana Samudaya Dharwad, *Save Nilgiris Campaign*, Ooty, Econet, Pune, 1996.
19. Sharma B.D. *Whither Tribal Areas?* Sahayog Pustak Kutir, New Delhi.

20. Shiva Vandana, *Minding our Lives, Women from South and North Reconnect Ecology and Health*, Delhi, Kali, 1993.
21. Thukral Enakshi, *Rivers of Sorrow*.
22. World Watch Institute, *world Watch Papers (137 papers on environmental concerns)*.

#### **Course VI: Social Policy Social Welfare Administration**

- Unit 1:** Social Policy: Concept and Scope; distinction with economic policy, role of ideology and values in Social Policy; constitutional and judicial pronouncements and Social policy; Models of Social Policy; Process of social policy formulation; Social policy relating to, Women, Children, Youth, Aged Education, Health & Family welfare.
- Unit 2:** Social Welfare: Concept of Welfare, development and Empowerment. Policy and Programmes of Social Welfare in India with special reference to weaker sections; Management of Welfare Services: Agencies Government and Non- government; Traditional forms of welfare: Charity, mutual-aid, religious organizations; community support network; Development impact on human existence.
- Unit 3:** Concepts and distinction between social administration, social welfare administration. Social security administration, and other forms of administration.
- Unit 4:** Concept, nature and types of Social Welfare organizations, Administration of social welfare services; Structure and functions of social welfare organizations, Principles of administration in social welfare; Monitoring and evaluation; Manpower Planning and Development of Social Welfare Personnel

#### **List of Basic Readings**

1. Cavanaugh, M.E. : *The Counseling Experience: A Theoretical and Practical Approach*
2. Dryden, W. : *Key Issues for Counselling in Action*
3. Dryden, W.: *Counseling Psychology*.
4. Gelso, C.J. and Frets, B.R.: *Counselling Psychology*.
5. Hansen, J.C. et. al.: *Group Counselling: Theory and Process*.
6. Jitendra, M.D.: *Organization communication*.

7. Kumar, K. : Mass Communication In India.
8. Rao, Narayan : Counselling Psychology.
9. Dantwall – Poverty in India – Then and Now.
10. Galbraith, J.K. – The Affluent Society.
11. Hoselitz, B.F. – Sociological Aspects of Economic Growth
12. Kahn. A.J. – Theory and Practice of Social Planning.
13. Myrdal, Gunnar – The Challenge of world Poverty.
14. Rao, D.B. – World Summit for Social Development.
15. Dimitto, D.M. 1991 : Social Welfare: Politics and Public Policy, New Jersey: Prentice Hall
16. Ganapathy, R.S. and Others : Public Policy and Policy Analysis in India, Delhi: 1985. Sage Publications.
17. Ham, C. Hill, M. 1993 : The Policy Process in the Modern Capitalist State  
2<sup>nd</sup> New
18. Huttman, E.D. 1981 : Introduction to Social Policy, New York: McGraw Hill.
19. International Labour Office: Multinational Enterprises and Social Policy, Geneva, 1973, I.L.O.
20. Jenks, W. 1876 : Social Policy in a Changing world, Geneva: ILO
21. Jones, K. Et. al. 1983 : Issues in Social Policy, London: Routledge & Kogan Paul.
22. Kahn, A.E. 1973 : Social Policy and Social Services, New York: Random House.
23. Kulkarni, P.D. 1979 : Social Policy and Social Development in India, Madras: Association of schools of Social work in India.
24. Lindblom, C.E. 1980 : The Policy making Process, New Jersey: Prentice Hall
25. Livingstone, A. 1969 : Social Policy in Developing Countries, London: Routledge Kegan Paul.
26. Madison, B.Q. 1980 : The Meaning of Social Policy, London: Croom Helm.
27. Macpherson, S. 80 : Social Policy in the Third World, London: Wheat Speat Brooks

### SEMESTER III

**Course VII: Dynamics of Development**

- Unit 1:** Concept of Development: Concept, Objectives and Indicators, development to social development; sustainable Development-socio cultural sustainability; Critique of Development. Theories and Paths of Development: Modernization, Centre-peripheri, world- systems and unequal exchange; capitalist, socialist, Gandhian and NGO's.
- Unit 2:** Rural Development: concept, approaches and strategies for Rural Reconstruction-Gandhian, Community Development Programme, Current programmes for rural Development; role of cooperatives in Rural development; Issues in Rural development-ecological, illiteracy, health, rural poverty, credit indebtedness and emerging inequalities.
- Unit 3:** Urban Development: Urbanism and Urbanization; Urban planning concept, history and methods; Urban policies and urban development-continuity and discontinuity; Welfare Programme for Urban social groups women, children, youth and others. Emerging issues in Urban development-slums, congestion poverty, disposal of waste.
- Unit 4:** Tribal Development: concepts and approaches; Tribal development and the constitution; Tribal development policies and plans in India; tribes and their rights; Tribal Welfare Programmes social work and tribal development; Issues in Tribal Development.

#### **List of Basic Readings**

1. Bulmer, M. et. al.: The Goals of Social Policy.
2. Chakraborti, S.: Development Planning – Indian Experience.
3. Dimitto, D.M.: Social Welfare: Politics and Public Policy.
4. Ghosh, A.: Planning in India: The challenges for the Nineties.
5. Hutnab, E.D.: Introduction to Social Policy.
6. Jacob, K.K.: Social Development Perspective.
7. Jones, K. et. al.: Issues in Social Policy.
8. Kahn, A.E.: Social Policy and Social Services.
9. Kulkarni, P.D.: Social Policy in India.
10. Lindblom, C.E.: The Policy-making Process.
11. Livingstone, A.: Social Policy in Developing Countries.
12. Miri, Mirinal: tribal Development in India.
13. Rao, D.B.: World Summit for Social Development.
14. Rao, M. S. A. Urban Sociology in India.

15. Singh, R.R. (ed.): Whither Social Development.
16. Srivastava, S.P. (ed.): The Development Debate: Critical Perspectives.
17. UNDP : Human Development Reports.
18. World Bank : World Development Reports.

**Course VIII: Contemporary Social Problems**

- Unit 1:** Social Disorganization: Concept, Causes and Approaches, Disorganization and Social Change, Concept of Social Problems; Forms of disorganization.
- Unit 2:** Social structure and anomie-its manifestation in the Indian social structure; Casteism, communalism, regionalism and youth unrest. Divorce, desertion, dowry and family conflicts.
- Unit 3:** Social Problems: Old age, destitution, slum dwelling, suicide, prostitution; Contemporary Indian Social Problems: Poverty, Unemployment, Alcoholism and Drug addiction, and Corruption.
- Unit 4:** Violence: Concept, Themes and Forms, Agrarian violence, caste and communal violence and violence against women and Weaker Sections.

**List of Basic Readings**

1. Ahuja, Ram : Social Problems in India. (Hindi & English)
2. Pandey Rajendra: Social problems of Contemporary India.
3. Cohen, A.K. : Deviance and Control, New Delhi, Prentice Hall of India, 1968.
4. Domenach, J.M. et al. : Violence and its causes, Paris, UNESCO, 1981.
5. Elliott, M.A. & Merrill, F.E. : Social Disorganization, New York, Harper and Brothers, 1961.
6. Madan., G.R. : Indian Social Problems (Vol.I), New Delhi, Allied Publishers Pvt. Ltd., 1981.
7. Shukla, K.S. : Collective Violence: Challenge and Response, New Delhi, IIPA, 1988.

**Course IX: Criminology and Corrections**

- Unit 1:** Criminology as a social science; Development of criminological thought and theories of criminology: Social deviance: Concept and Themes, Crime: Concept, Causes and Prevention, Crime statistics and trends.

- Unit 2:** Forms of Crime: Traditional Crimes, White-collar Crimes and Organized Crime, Youth Crime: Emerging Patterns and Trends.
- Unit 3:** Penology: Meaning and scope; Development of penological thought; theories of punishment: Corrections: Concept, Scope and Techniques Correctional Services: Prisons Systems, Juvenile Justice System and Probation System, Prison administration in India-Organization and Management; Prison reforms in India; Crime in India and Himachal Pradesh: crime against women, Atrocities against Scheduled Castes and Scheduled tribes; Women and Youth Crime, emerging patterns and trends; Social legislation for prevention of crime.
- Unit 4:** Criminal Justice System: Police, Prosecution, Courts and Prisons, Police and Policing in India, Problems of Prison Administration and Problems of Judicial Administration.

#### **List of Basic Readings**

1. Barnes, H.E. and Teeters, N.K. - **New Horizons Criminology**
2. Cressy, D.R. - **Criminology**
3. Gibbons, D.C. - **Society, Crime and Criminal Careers**
4. Reckless, Walter C.: **The Crime Problem**
5. Sutherland, E. H. - **White Collar- Crime Problem.**
6. Sutherland, and E.H. Cressey, D.R. -**Principles Of Criminology**
7. Taylor, I., Walton, P. and Young, J - **The New Criminology**
8. Vold, G.B. - **Theoretical Criminology**
9. Quinney, Richard – **Criminology.**
10. Rao, Venugopal - **Facets of Crime in India**
11. Gillin, John Lewis : **Criminology and Penology.**
12. Bhusan, Vidya : **Prison Administration in India.**
13. Datir, R.N. : **Prisons and Society: A Study of the Indian Jail System.**
14. Srivastava, S.P. : **The Indian Prison Community.**
15. Bhattacharya, S.K. : **Social Defence in India.**
16. Keve, Paul W. : **Corrections**
17. John, Elmer H. : **Crime, Correction and Society.**

18. **Bartollas, C. and Stuart, J. Miler : Correctional Administration : Theory and Practice.**
19. **Carter Robert, M. : Probation, Parole and Community Corrections.**
20. **Gibbons, Don C. : Changing the Lawbreaker: The Treatment of Delinquents and Criminals.**
21. **Lipton, Douglas : the Effectiveness of Correctional Treatment.**
22. **Martinson, Robert, Wiks, Judith and Abadinsky, Howard : Probation and Parole: Theory and Practice.**
23. **Carney, Louis P. : Corrections and the Community.**
24. **Srivastava, S.P. : The Probation System.**
25. **Srivastava, S.P. : Juvenile Justice in India: Policy, Programme and Perspective.**
26. **Baley, D.H. : Police and Political Development in India.**
27. **Buxi, U. : The Crisis of the Indian Legal System**
28. **Buxi, U. : Alternatives in Development: Law and the Crisis of the Indian Legal System.**
29. **Khanna, H.R. : The Judicial System.**

#### **SEMESTER IV**

##### **Course X: Community Health and Social Work**

- Unit 1: Concept of Health: Dimensions of Health- Physical, Mental, Social, Cultural Spiritual, Inter-dependence of all Dimensions of Health, Changing Concept of Health, and Basic Rules for Healthy Living.**
- Unit 2: Community Health: concept, indicators of community health, Health Care facilities; community and disease, general epidemiology, dynamics of disease and general measures of communicable disease control.**
- Unit 3: Social Psychological and Cultural Factors of Health; Social medicine- Social Anatomy, Social Physiology, Social Pathology, Social Therapy, Community Medicine, and social Consequences of Disease.**
- Unit 4: Health Problems in India Malnutrition, STD, AIDS, TB, Malaria, Polio, Diarroheal diseases, Respiratory illness; Health Care in Rural and Urban areas of H.P.; National Health Policy in India, National Mental Health**

**Policy, National health Programmes in India; Application of Medical and Psychiatric Social Work in Different Health Setups, Yoga and Health.**

**List of Basic Readings**

1. **Park J.E. and Park 1991 -Text Book of Preventive and Social Medicine. Jabalpur: Banarsi Das.**
2. **Suchman, E.H. Sociology in the Field of Public Health.**
3. **Leavell, H.R. and Clark, E.G. –Preventive Medicine for the Doctor in community.**
4. **Smolenske, J. And Hear, F.B.-Principles of Community Health.**
5. **Smith, .O.C.-Community Health.**
6. **Government of India-Annual Report-Ministry of Health and Family Welfare.**
7. **Singh, Surendra and Misra, P.D. Health and Diseases: Dynamics and Dimensions.**
8. **Misra, P.D. and Misra, Beena-nature Cure: Philosophy and Methods.**
9. **Mahajan, B.K. : The Text Book of Social & Preventive Medicine.**
10. **Singh, Surendra and P. D. Misra,; Health and Diseases: Dynamics and Dimensions.**
11. **Smith, O.C.: Community Health.**
12. **Alfred, Deon : The Social Setting of Mental Health.**
13. **Jum C. & Nunnally J.R. : Popular Conception of Mental health: Development and Changes.**
14. **Morton, Beiser et. Al. : Todays Priorities in Mental health.**
15. **Szasz, Thomas. : The Myth of Mental Illness.**
16. **Coleman, J.C. : abnormal Psychology & Modern Life.**
17. **Goldstein, D. : Expanding Horizons in Medical Social work.**
18. **Goldstein, D. : Readings in the Theory & Practice in Medical Social work.**
19. **Lowiey : Psychiatry for Social Workers.**
20. **Singh, Surendra and Misra P.D. : Yoga : An Introduction.**
21. **Mangatt, A.N. Bomen, SC : Sociological Studies of Health and Sickness.**
22. **Anderson, Clifford : Modern Ways to Health.**
23. **Misra, J.G. : Stress and Health.**
24. **Jaggi, O.P. : Mental Tension and the Causes.**

## **Course XI: Population Dynamics and Gender Issues**

**Unit 1: Course XI: Population Dynamics and Gender Issues**

**Time: 3 Hours**

**Marks: 100**

**Unit 1: Population structure and dynamics: Population structure; Fertility – The concept, methods of measurement; Mortality– the concept, method of measurement, construction of Life Table; Migration-The concept, methods of measuring volume and flow of migration; and Population projections.**

**Unit 2: Theories of population: Malthusian and Neo-Malthusian theory; Optimum theory of population; theory of Demographic transition; Biological and natural theories; theory of population and economic growth; theory of surplus population; and theory of increasing prosperity.**

**Unit 3: Construction of Gender: Gender vs. Biology; Women in the family–socialization, gender roles, sexual division of labour; Patriarchy as ideology of practice; Feminist critique of sociological theories; Development policies, liberalization and globalization and their impact on women.**

**Unit 4: Population and Gender Issues: Women, health and reproductive health; Women and their reproductive rights; Development and women empowerment; The role of the State, NGOs and Social Work.**

### **List of Basic Reading**

- 1. Agrawal, S.N. : India's Population Problem.**
- 2. Banerji, D. : Family Planning in India: A Critique and Perspective.**
- 3. Bhende, Asha A. & Kanetkar Tara : Principles of Population Studies.**
- 4. Bogue, Donald J. : Principles of Demography.**
- 5. Bose, Ahsis, et al. : Population Statistics in India.**
- 6. Chander Shaker, S. : Infant Mortality: Population Growth and Family Planning India.**
- 7. Heer, D.M. : Society and Population.**

- 8. Shryock, Henry S. and Jacob S. Seige: The Methods and Material of Demography.**
- 9. Speigelman, Mortimer. : Introduction to Demography.**
- 10. Sinha & Zacharia: Elements of Demography.**